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Georgia State University
Department of Counseling and Psychological Services
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EDUCATION AND TRAINING

Ph.D. Counseling Psychology (APA Accredited),
The Pennsylvania State University, University Park, PA - August 1991

Professional Psychology Internship, 2000 hours, APA accredited,
Counseling Center, University of Missouri-Columbia - July 1991

M.Ed. Counseling and School Psychology,
The Wichita State University, Wichita, KS - May 1986

B.A. Psychology and English Literature,
University of Kansas, Lawrence, KS - May 1984

Licensed Psychologist, State of Georgia - License Number 002265

Diplomate in Counseling Psychology,
American Board of Professional Psychology - Number 5351

Registered Play Therapist Supervisor
International Association of Play Therapy - Number 00016

MOST RECENT PROFESSIONAL EXPERIENCE

Professor of Counseling Psychology,
Department of Counseling and Psychological Services, Georgia State University
August 2006 – Present

Director, Counseling Psychology Ph.D. Program,
Department of Counseling and Psychological Services, Georgia State University
August 2008 - Present
August 2000 – August 2005

Co-Director, Center for the Study of Stress, Trauma, and Resilience

Georgia State University
July 2015 - present

Director, Georgia State Play Therapy Training Institute

Georgia State University
January 2014 - present

Associate Professor of Counseling Psychology,

Department of Counseling and Psychological Services, Georgia State University
August 2000 – July 2006

Assistant Professor of Counseling Psychology,

Department of Counseling and Psychological Services, Georgia State University
September 1997 - July 2000

Assistant Professor of Counseling,

Department of Educational Administration and Counseling, University of Northern Iowa.
August 1993 - August 1997

Staff Psychologist, (part-time)

Medical Associates of Cedar Falls, Cedar Falls, IA.
January 1996 - August 1997

Staff Psychologist, (part-time)

Counseling Center, University of Northern Iowa.
February 1993 – December 1995

Visiting Assistant Professor of Counseling Psychology,

Department of Counselor Education, Counseling Psychology, and Rehabilitation Services
Education, The Pennsylvania State University
August 1991 - August 1993

Staff Psychologist, (part-time)

Counseling and Psychological Services, The Pennsylvania State University.
January 1991 - May 1992

PUBLICATIONS**Refereed Articles**

1. Gnilka, P., Rice, K.G., **Ashby, J.S.**, & Moate, R.M. (2016). Adult attachment, multidimensional perfectionism, and the alliances among counselor supervisees. *Journal of Counseling and Development*, 285-296.

2. Omonishi, M., Stewart, R.A., Matheny, K.B., & **Ashby, J.S.** (2016). Effects of mindfulness meditation and distraction on mood and attention in veterans with PTSD. *The Practitioner Scholar: Journal of Counseling & Professional Psychology*, 5, 88-103.
3. Kira, I., **Ashby, J.S.**, & Zomidy, A. (2015). Current, continuous, and cumulative trauma-focused cognitive behavioral therapy (CCC-TF-CBT). *Journal of Mental Health Counseling*, 7, 323-340.
4. Kira, I.; Lewandowski, L. & **Ashby, J.S.** (2015). Development and piloting the MMMM Ecological Interactive Open Systems Model: A prospective one-year treatment outcomes of children of tortured refugees. *Psychology*, 6, 1277-1296.
5. Rice, K. G., Ray, M.E., Davis, D.E., DeBlaere, C., & **Ashby, J.S.** (2015). Perfectionism and longitudinal patterns of success for STEM majors: Implications for academic performance. *Journal of Counseling Psychology*,
6. Gnilka, P., **Ashby, J.**, Matheny, K., Chung, Y., & Chang, Y. (2015). A cross-cultural comparison of coping resources, perceived stress, and life satisfaction between Taiwanese and U.S. college students. *Journal of Mental Health Counseling*, 37, 234-249.
7. Ganske, K., Gnilka, P.B., **Ashby, J.S.**, & Rice, K.G. (2015). The relationship between supervisee perfectionism and the working alliance with supervisor and client. *Journal of Counseling and Development*, 93, 14-24.
8. Davis, D.E., **Ashby, J.S.**, Hook, J.N., & McElroy, S. (2014). Religious coping, coping resources, and depression: Test of a mediation model. *Counseling and Values*, 59: 139-154.
9. Schwenke, T., **Ashby, J.S.**, & Gnilka, P.B. (2014). Sign language interpreters and burnout: The effects of perfectionism, perceived stress, and coping resources. *International Journal of Research and Practice in Interpreting*, 16, 209-232.
10. Davis, T., Ancis, J., & **Ashby, J.S.** (2014). Therapist effects, working alliance, and African American women substance abusers. *Cultural Diversity and Ethnic Minority Psychology*.
11. Kira, I., Lewandowski, L., **Ashby, J.S.**, Somers, C., Chiodo, L., & Odenat, L. (2014). Does bullying victimization suppress IQ? The effects of bullying victimization on IQ in Iraqi and African American adolescents: A traumatology perspective. *Journal of Aggression, Maltreatment and Trauma*, 23, 431-453.

12. Kira, I., Lewandowski, L., **Ashby, J. S.**, Templin, T. Ramaswamy, V., & Mohanesh, J. (2014). The traumatogenic dynamics of internalized stigma of mental illness among Arab Americans, Muslims, and refugee clients. *Journal of the American Psychiatric Nurses Association, 1-17.*
13. Kira, I., Omidy, A.Z., & **Ashby, J.S.** (2014). Cumulative trauma, appraisal and coping in Palestinian and American Indian adults: Two cross-cultural studies. *Traumatology, 14, 1-15.*
14. Noble, C.M., **Ashby, J.S.**, & Gnilka, P.B. (2014). Multidimensional Perfectionism, coping, and depression: Differential prediction of depression symptoms by perfectionism type. *Journal of College Counseling, 17, 80-94.*
15. Ojelade, I.I., McCray, K., Meyers, J.M., & Ashby, J.S., (2014). Use of indigenous African healing practices as a mental health intervention. *Journal of Black Psychology, 1-29.*
16. White, N.D., La Salle, T.P., Meyers, J.P., & **Ashby, J.S.** (2014). A brief measure of adolescent perceptions of school climate. *School Psychology Quarterly, 29, 349-359.*
17. Goldammer, L., Swahn, M.H., Strasser, S.M., Meyers, J., & **Ashby, J.S.** (2013). An Examination of Bullying in Georgia Schools: Demographic and School Climate Factors Associated with Willingness to Intervene in Bullying Situations. *Western Journal of Emergency Medicine, 14, 324-328.*
18. Gnilka, P.B., **Ashby, J.S.**, & Noble, C.M. (2013). Adaptive and maladaptive perfectionism as mediators of adult attachment styles and depression, hopelessness, and life satisfaction. *Journal of Counseling and Development, 91, 78-86.*
19. Kira., I., **Ashby, J.S.**, Lewandowski, Alawneh, A.W.N., Mohanesh, J., & Odenat, L. (2013). Advances in continuous traumatic stress theory: Traumatogenic dynamics and consequences of intergroup conflict: The Palestinian adolescents' case. *Psychology, 4, 396-409.*
20. Kira, I.A., Aboumediene, S., **Ashby, J.S.**, Odenat, L., Mohanesh, J. & Alamia, H. (2013). The dynamics of post-traumatic growth across different trauma types in a Palestinian sample. *Journal of Loss and Trauma: International Perspectives on Stress and Coping, 18, 120-139.*
21. Kira, I., **Ashby, J.S.**, Odenat, L., & Lewandowski, L. (2013). The mental health effects of torture trauma and its severity: A replication and extension. *Psychology, 4, 472-482.*

22. **Ashby, J.S.**, Noble, C., & Gnilka, P.B. (2012). Multidimensional Perfectionism, Depression, and Satisfaction with Life: Differences among Perfectionists and Tests of a Stress-Mediation Model. *Journal of College Counseling*, 15, 130-143.
23. **Ashby, J.S.**, Slaney, R.B., Noble, C.M., Gnilka, P.B., & Rice, K.G. (2012). Understanding differences between “Normal” and “Neurotic” perfectionists: Implications for mental health counselors. *Journal of Mental Health Counseling*, 34, 322-340.
24. Gnilka, P.B., **Ashby, J.S.**, & Noble, C.M. (2012). Multidimensional perfectionism and anxiety: Differences among perfectionists and tests of a coping-mediation model. *Journal of Counseling and Development*, 90, 427 – 436
25. Kira, I., Abou-Medan, S., **Ashby, J.S.**, Lewandowski, L., Mohanesh, J., & Odenat, L. (2012). Post-traumatic Growth Inventory: Psychometric properties of the Arabic version in Palestinian adults. *The International Journal of Educational and Psychological Assessment*, 11, 120-137.
26. Kira, I., **Ashby, J.S.**, Lewandowski, L., Smith, I., & Odenat, L. (2012). Gender inequality and its effects in female torture survivors. *Psychology*, 4, 352-363.
27. Kira, I., Templin, T. & Lewandowski, L., **Ashby, J. S.**, Oladele, A., & Odenat, L. (2012). Cumulative Trauma Disorder Scale: Two Studies. *Psychology*, 3, 643-656.
28. **Ashby, J.S.**, Dickinson, W.D., Gnilka, P., Noble, C. (2011). Hope as a mediator and moderator of multidimensional perfectionism and depression in middle school students. *Journal of Counseling and Development*, 89, 131-139
29. Berry, R.B., **Ashby, J.S.**, Gnilka, P., & Matheny, K.B. (2011). A comparison of face-to-face and distance coaching practices: The role of the working alliance in problem resolution. *Consulting Psychology: Research and Practice*, 63, 243-253.
30. DiPrima, A., **Ashby, J.S.**, Gnilka, P.B., & Noble, C.M. (2011). Family relationships and perfectionism in middle school students. *Psychology in the Schools*.
31. Ifetayo I. Ojelade, I.I., McCray, K., **Ashby, J.S.**, & Meyers, J. (2011). Use of Ifá as a means of addressing mental health concerns among African-American Clients. *Journal of Counseling and Development*.
32. Rice, K.G., **Ashby, J.S.**, & Gilman, R. (2011). Classifying adolescent perfectionists. *Psychological Assessment*, 23, 563-577.
33. Swahn, M., Strasser, S., Topalli, V., Bina, A., **Ashby, J.S.**, & Meyers, J. (2011). Pre-teen alcohol use as a risk factor for bullying victimization and perpetration among Middle and High School students in Georgia. *Journal of Western Emergency Medicine*, 12, 305-310

34. Swahn, M.H, Bossarte, R.M., **Ashby, J.S.**, & Meyers, J. (2010). Pre-teen alcohol use initiation and suicide attempts among middle and high school students: Findings from the 2006 Georgia Student Health Survey. *Addictive Behaviors*, 35, 452-458.
35. Ward, A.W. & **Ashby, J.S.** (2008). Multidimensional perfectionism and the self. *Journal of College Student Psychotherapy*, 22, 51-65.
36. **Ashby, J.S.**, Rice, K.G., & Kutchins, C.B. (2008). Matches and mismatches: Partners, perfectionism, and premarital adjustment. *Journal of Counseling Psychology*, 55, 125-132.
37. Ganske, K., & **Ashby, J.S.** (2007). Multidimensional perfectionism and career decision making self-efficacy. *Journal of Employment Counseling*, 44, 17-28.
38. Rice, K.G., & **Ashby, J.S.** (2007). An efficient method for classifying perfectionists. *Journal of Counseling Psychology*, 54, 72-85.
39. Rice, K.G., **Ashby, J.S.**, & Slaney, R.B. (2007). Perfectionism and the NEO Big Five personality dimensions: Further support for the Revised Almost Perfect Scale. *Assessment*, 14, 385-398.
40. Stoltz, K.B., & **Ashby, J.S.** (2007). Perfectionism and lifestyle: Personality differences in adaptive, maladaptive, and nonperfectionists. *Journal of Individual Psychology*, 63, 414-423.
41. **Ashby, J.S.**, Kottman, T., & Stoltz, K. (2006). Multidimensional perfectionism and personality priorities. *Journal of Individual Psychology*, 62, 312-323
42. **Ashby, J. S.**, Rice, K. G., & Martin, J. (2006). Perfectionism, shame, and depression. *Journal of Counseling and Development*, 84, 148-156.
43. Nounopoulos, A., **Ashby, J.S.**, & Gilman, R. (2006). Coping resources, perfectionism, and academic performance among young adolescents. *Psychology in the Schools*, 43, 613-622.
44. Matheny, K.B., **Ashby, J.S.**, Cupp, P. (2005). Gender differences in stress, coping, and illness among college students. *Journal of Individual Psychology*, 61, 365-379.
45. **Ashby, J.S.**, & Pak Bruner, L. (2005). Multidimensional perfectionism and obsessive compulsive behaviors. *Journal of College Counseling*, 8, 31-40.
46. **Ashby, J. S.**, Rahotep, S., & Martin, J. (2005). Multidimensional perfectionism and Rogerian personality constructs. *Journal of Humanistic Counseling Education and Development*, 44, 55-65.

47. Dickinson, W.L., & **Ashby, J.S.** (2005). Multidimensional perfectionism and ego defenses. *Journal of College Student Psychotherapy, 19*, 41-54.
48. Gilman, R., **Ashby, J.S.**, Sverko, D., Florell, D., Varjas, K. & Dietrich, J. (2005). The relationship between perfectionism and multidimensional life satisfaction among Croatian and American Youth. *Personality and Individual Differences, 39*, 155-166.
49. Martin, J., & **Ashby, J. S.** (2004). Appraising Perfection: The relationship of multidimensional perfectionism and intellectual development. *Journal of College Student Psychotherapy, 18*, 61-74.
50. Martin, J. & **Ashby, J.S.** (2004). Perfectionism and fear of intimacy: Implications for relationships. *Family Journal, 12*, 368-374.
51. **Ashby, J. S.**, Kottman, T., & Martin, J. (2004). Play Therapy with young perfectionists. *International Journal of Play Therapy, 13*, 34-55.
52. Gilman, R., & **Ashby, J. S.**, (2003). Multidimensional perfectionism in a sample of middle school students: An exploratory investigation. *Psychology in the Schools, 40*, 677-689.
53. Gilman, R., & **Ashby, J. S.**, (2003). A first study of perfectionism and multidimensional life satisfaction among adolescents. *Journal of Early Adolescence, 23*, 218-235.
54. **Ashby, J. S.**, LoCicero, K. A., & Kenny, M.C. (2003). The relationship of multidimensional perfectionism to psychological birth order. *Journal of Individual Psychology, 59*, 42-51.
55. **Ashby, J. S.**, & Rice, K. G. (2002). Perfectionism, dysfunctional attitudes, and self-esteem: A structural equations analysis. *Journal of Counseling and Development, 80*, 197-203.
56. **Ashby, J. S.**, Kottman, T., & Draper, K. (2002). Social interest and locus of control: Relationships and implications. *Journal of Individual Psychology, 58*, 52-61.
57. Periasamy, S., & **Ashby, J. S.** (2002). Perfectionism and locus of control. *Journal of College Student Psychotherapy, 17*, 75- 86.
58. Slaney, R. B., Rice, K. G., Mobley, M., Trippi, J., & **Ashby, J. S.** (2001). The revised almost perfect scale. *Measurement and Evaluation in Counseling and Development, 34*, 130-145.
59. **Ashby, J. S.**, & Kottman, T. (2000). The relationships between personality priorities and affect, depression, self-efficacy, and fear of intimacy. *Journal of Individual Psychology, 56*, 172-183.

60. Kottman, T., & **Ashby, J. S.** (2000). Perfectionistic children and adolescents: Implications for school counselors. *Professional School Counseling, 3*, 182-18
61. LoCicero, K. A., & **Ashby, J. S.** (2000). Multidimensional perfectionism in middle school age gifted versus non-gifted students. *Roeper Review, 22*, 182-184.
62. LoCicero, K. A., & **Ashby, J. S.** (2000). Multidimensional perfectionism and self-reported self-efficacy in college students. *Journal of College Student Psychotherapy, 15*, 47-56.
63. LoCicero, K. A., **Ashby, J. S.**, & Kern, R. (2000). Multidimensional perfectionism and lifestyle approaches in middle school students. *Journal of Individual Psychology, 56*, 419-434.
64. Kottman, T., & **Ashby, J. S.** (1999). Using Adlerian personality priorities to custom design parental consultation. *International Journal of Play Therapy, 8*, 77-92.
65. **Ashby, J. S.**, & DeGraaf, D. (1999). Reconsidering group development in adventure therapy programs. *Journal of Experiential Education, 21*, 162-167.
66. **Ashby, J. S.**, & Huffman, J. (1999). Religious orientation and multidimensional perfectionism: Relationships and implications. *Counseling and Values, 43*, 178-188.
67. **Ashby, J. S.**, Kottman, T., & DeGraaf, D. (1999). Perfectionism and leisure: An exploratory study. *Therapeutic Recreation Journal, 33*, 142-151.
68. Kottman, T., & **Ashby, J. S.** (1999). Social interest and multidimensional perfectionism. *Journal of Individual Psychology, 55*, 176-185.
69. **Ashby, J. S.**, Kottman, T., & Rice, K. G. (1998). Adlerian personality priorities: Psychological and attitudinal differences. *Journal of Counseling and Development, 76*, 467-473.
70. **Ashby, J. S.**, Kottman, T., & Schoen, E. (1998). Multidimensional perfectionism and eating disorders. *Journal of Mental Health Counseling, 20*, 261-271.
71. Kennicott, L., Kottman, T., & **Ashby, J. S.** (1998). College students with panic disorder: What college counselors and student personnel professionals should know. *Journal of College Student Psychotherapy, 13*, 41-51.
72. Rice, K. G., **Ashby, J. S.**, & Slaney, R. B. (1998). Self-esteem as a mediator between perfectionism and depression: A structural equations analysis. *Journal of Counseling Psychology, 45*, 304-314.

73. **Ashby, J. S.**, Moran, W., Slaney, R. B., & Cotter, J. (1997). Counseling psychologists' labeling of the affective states of shame and guilt. *Psychotherapy: Theory, Research, and Practice*, *34*, 58-63.
74. **Ashby, J. S.**, & Kottman, T. (1996). Inferiority as a distinction between adaptive and maladaptive perfectionism. *Journal of Individual Psychology*, *52*, 237-245.
75. Lenhart, R. S., & **Ashby, J. S.** (1996). Cognitive coping strategies and coping modes in relation to disability in persons with chronic pain. *Journal of Applied Rehabilitation Counseling*, *27*, 15-18.
76. McCormick, D., Kottman, T., & **Ashby, J. S.** (1996). Conceptualization and treatment of the bulimic client from an Adlerian perspective. *Journal of Individual Psychology*, *52*, 406-419.
77. Rice, K. G., **Ashby, J. S.**, & Preusser, K. (1996). Perfectionism, relationships with parents, and self-esteem. *Journal of Individual Psychology*, *52*, 246-260.
78. Slaney, R. B., & **Ashby, J. S.** (1996). Perfectionists: Study of a criterion group. *Journal of Counseling and Development*, *74*, 393-398.
79. **Ashby, J. S.** (1995). Impact of contextual variables on adolescent substance use. *Journal of Drug Education*, *25*, 11-22.
80. **Ashby, J. S.**, Mangine, J., & Slaney, R. B. (1995). Perfectionism in adult children of alcoholics. *Journal of College Student Development*, *36*, 452-455.
81. Slaney, R. B., **Ashby, J. S.**, & Trippi, J. (1995). Perfectionism: Its measurement and career relevance. *Journal of Career Assessment*, *3*, 279-297.
82. **Ashby, J. S.**, & Lenhart, S. (1994). Prayer as a coping strategy for chronic pain patients. *Rehabilitation Psychology*, *39*, 205-209.
83. Heppner, P., Kivlighan, D., Good, G., Roehlke, H., Hills, H., & **Ashby, J. S.** (1994). Presenting problems of university counseling center clients: A snapshot and multivariate classification scheme. *Journal of Counseling Psychology*, *41*, 315-324.
84. Preusser, K., Rice, K. G., & **Ashby, J. S.** (1994). The role of self-esteem in mediating the perfectionism-depression connection. *Journal of College Student Development*, *35*, 88-95.
85. Swisher, J., & **Ashby, J. S.** (1993). Review of process and outcome evaluations of team training. *Journal of Alcohol and Drug Education*, *39*, 66-77.

Book Chapters

1. **Ashby J.S.**, Kiperman, S., & Rosenbaum Wood, L. (2016). Ethics in play therapy consultation and supervision. In Leanne (Ed.) (pp .32-47), *Emerging Research in Play Therapy, Child Counseling and Consultation*". NY, NY: Guilford.
2. **Ashby J.S.**, & McKinney-Clark, K. (2015). Ethics in play therapy. In D. Crenshaw & A. Stewart (Eds.) (pp .32-47), *Play Therapy: A compressive Guide to Theory and Practice*. NY, NY: Guilford.
3. Kottman, T., & **Ashby, J. S.** (2015). Adlerian play therapy. In D. Crenshaw & A. Stewart (Eds.) (pp. 511-523), *Play Therapy: A compressive Guide to Theory and Practice*. NY, NY: Guilford.
4. **Ashby, J.S.** & Noble, C.M. (2011). Integrating Cognitive Behavioral play therapy and Adlerian play therapy in the treatment of perfectionism. In A.A. Drewes, S.C. Bratton, & C.E. Schaefer (Ed.s) (pp. 225-239), *Integrative Play Therapy*. New York: John Wiley & Sons.
5. Gilman, R., & **Ashby, J.S.** (2006). Perfectionism. In G. Bear & K. Minke (Eds.) (pp. 303-312), *Children's Needs III*. NY, NY: National Association of School Psychologists.
6. **Ashby, J. S.**, Blasko, L. S., Bruner, L. P., & Martin, J. (2002). The stretching story. In H. Kaduson & C. E. Schaefer (Eds.) (pp. 181-183), *101 Favorite Play Therapy Techniques: Volume III*. NY, NY: Jason Aronson.
7. Kottman, T., & **Ashby, J. S.** (2002). Custom designing metaphoric stories for children in play therapy. In C. E. Schaefer & D. M. Cangelosi (Eds.), *Innovative Psychotherapy Techniques in Child and Adolescent Therapy* (pp. 133-142). NY, NY: John Wiley & Sons.
8. Slaney, R. B., Rice, K. G., & **Ashby, J. S.** (2002). A programmatic approach to measuring perfectionism: The Almost Perfect Scales. In G.L. Flett, & R. Hewitt (Eds.), *Perfectionism* (pp. 63-88). Washington, DC: American Psychological Association.
9. Riordan, R. J., Arthur, G., & **Ashby, J. S.** (2000). Some uses of writing in clinical supervision. In L. L'Abate & M.S. Torem (Eds.), *Distance Writing and Computer Assisted Training in Psychiatry and Mental Health* (pp. 191-214). Greenwich, CT: Ablex Corporation.
10. **Ashby, J. S.**, & Cheatham, H. (1996). Multicultural counseling and supervision. In J.L. Delucia-Waack (Ed.), *Multicultural Counseling Competencies: Implications for Training and Practice* (pp. 47-59). Arlington, VA: Association for Counselor Education and Supervision.

Books

1. **Ashby, J. S.**, Kottman, T., & DeGraaf, D. (2008). *Active interventions for kids and teens: Adding adventure*. Washington DC: American Counseling Association.
2. Kottman, T., **Ashby, J. S.**, & DeGraaf, D. (2001). *Adventures in Guidance*. Washington DC: American Counseling Association.

Other Publications

1. Gnilka, P.B., & **Ashby, J.S.** (2013). Perfectionism. *Practice Briefs*. Washington, DC: American Counseling Association.
2. Martin, J. M., & **Ashby, J. S.** (2008). Adventure Counseling. In F. Leong (Ed.) (pp. 12–14). *Encyclopedia of Counseling*. Washington, DC: Sage.
3. Dickinson, W.D. & **Ashby, J.S.** (2008). Inferiority complex. In *Encyclopedia of Social Sciences, 2nd Ed.* (pp. 18-19), Farmington Hills, MI: Thomson Gale.
4. Herr, E., & **Ashby, J. S.** (1994). Kuder Occupational Interest Survey, Form DD. In J. T. Kapes, M.M. Mastie, & E. A. Whitfield (Eds.), *A counselor's guide to career assessment instruments* (pp. 194-199). Washington, DC: National Career Development Association.

REFEREED NATIONAL/INTERNATIONAL CONFERENCE PRESENTATIONS

1. **Ashby, J.S.** (2016, October). *Ethics in play therapy supervision: Applications in a changing world*. Workshop presented at the annual meeting of the International Association of Play Therapy, Louisville, KY
2. **Ashby, J.S.** & Kottman, T. (2016, October). *Play therapy with angry and defiant children*. Workshop presented at the annual meeting of the International Association of Play Therapy, Louisville, KY.
3. Hsiao, Y. & **Ashby, J.S.** (2016, August). *Perfectionism, acculturative stress, coping styles, and depression among international students*. Poster presented at the American Psychological Association Annual Convention, Denver, Colorado.
4. Kira, I.A., **Ashby, J.S.**, Karaga, S., Lewandowski, L., & Shuwiekh, H. (2016, August). *Trauma proliferation and stress generation dynamics and implications for clinical science: Three studies*. Poster presented at the American Psychological Association Annual Convention, Denver, Colorado.

5. Menendez, J.P., Gnilka, P.B., & **Ashby, J.S.** (2016, August). *Barriers Latinos face when seeking mental health counseling*. Poster presented at the American Psychological Association Annual Convention, Denver, Colorado.
6. Rice, K.G., Suh, H., Yang, X., & **Ashby, J.S.** (2016, April). *The short almost perfect scale*. Paper presented at the 2nd World Congress on Personality, Buzios, Brazil.
7. Fernan, F.G., Rice, K.G., & **Ashby, J.S.** (2016, April). *Perfectionism in Argentina and the USA*. Paper presented at the 2nd World Congress on Personality, Buzios, Brazil.
8. McKinney Clark, K., McLaulin, S., Stewart, R.A., **Ashby, J.S.**, & Karaga, S. (2015, October). *Play therapy with refugee children*. Poster presented at the annual meeting of the International Association of Play Therapy, Atlanta, GA.
9. Kottman, T.K., & **Ashby, J.S.** (2015, October) *Using body-centered techniques in play therapy with traumatized clients*. Workshop presented at the annual meeting of the International Association of Play Therapy, Atlanta, GA.
10. Gnilka, P.B., & **Ashby, J.S.** (2015, August). *Perfectionism, stress and depression: Differences between clinical and nonclinical samples*. Poster presented at the American Psychological Association Annual Convention, Toronto, Canada.
11. Gnilka, P.B., Rice, K.G., & **Ashby, J.S.** (2015, August). *Perfectionism and acculturative stress among Turkish international students*. Poster presented at the American Psychological Association Annual Convention, Toronto, Canada.
12. McLaulin, S.E., McKinney Clark, K., Stewart, A., Noh, H., **Ashby, J.S.**, & Gnilka, P.B. (2015, August). *Coping resources as mediators of multidimensional perfectionism and burnout*. Poster presented at the American Psychological Association Annual Convention, Toronto, Canada.
13. Noh, H., McKinney Clark, K., Stewart, A., McLaulin, S.E., & **Ashby, J.S.** (2015, August). *Academic burnout profiles and time perspective among Korean college students*. Poster presented at the American Psychological Association Annual Convention, Toronto, Canada.
14. Ray, M.E., Rice, K.G., Davis, D.E., DeBlaere, C., & **Ashby, J.S.** (2015, August). *Perfectionism, adjustment problems, and longitudinal patterns of stress for STEM majors*. Poster presented at the American Psychological Association Annual Convention, Toronto, Canada.
15. Rice, K. G., Ray, M.E., Davis, D.E., DeBlaere, C., & **Ashby, J.S.** (2015, May). *Perfectionism and longitudinal patterns of success for STEM majors: Implications for academic performance*. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

16. **Ashby, J.S.** & Mckinney Clark, K. (2014, October). *Practical ethics in play therapy supervision*. Workshop presented at the annual meeting of the International Association of Play Therapy, Houston, TX.
17. Kira, I.A., Lewandowski, L., & **Ashby, J.S.** (2014, August). *Emerging treatment models for continuous and cumulative traumatic stress*. Paper presented at the American Psychological Association Annual Conference, Washington, D.C.
18. Montford, Al, McLaulin, S., Brack, G.L., McKinney-Clark, K., **Ashby, J.S.** (2014, August). *Eating perfect: Associations between perfectionism and disordered eating behaviors*. Poster presented at the American Psychological Association Annual Conference, Washington, D.C.
19. Noh, H., Mckinney-Clark, K., Menendez, J., Montfort, A.K., McLaulin, S., Rice, K.G., & **Ashby, J.S.** (2014, August). *Frost multidimensional perfectionism scale in South Korea*. Poster presented at the American Psychological Association Annual Conference, Washington, D.C.
20. Montford, A., McKinney Clark, K., Menendez, J., McLaulin, S., Noh, H., Stewart, A., & **Ashby, J.S.** (2014, March). *Body dissatisfaction in young women: Attention to influences that inform interventions*. Poster presented at the International Counseling Psychology Conference, Atlanta, GA.
21. Stewart, A., Hendrick, R., McKinney Clark, K., Menendez, J., McLaulin, S., Montfort, A.K., Noh, H., & **Ashby, J.S.** (2014, March). *Modeling Perfectionism: Women, Shame and Gender Role Stress*. Poster presented at the International Counseling Psychology Conference, Atlanta, GA.
22. **Ashby, J.S.** (2013, October). *Play therapy ethics in the information age: Social media and beyond*. Workshop presented at the annual meeting of the International Association of Play Therapy, Palm Springs, CA.
23. **Ashby, J.S.** & Kottman, T. (2013, October). *Advanced discussion on Adlerian play therapy*. Workshop presented at the annual meeting of the International Association of Play Therapy, Palm Springs, CA.
24. Gnilka, P.B., Rice, K.G., & **Ashby, J.S.** (2013, August). *Perfectionism, depression, and life satisfaction: Tests of perceived stress as a mediator*. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI.
25. Kira, I.A., **Ashby, J.S.** & Lewandowski, L. (2013, August). *Continuous traumatic stress and type three traumas: Traumatogenic dynamics and consequences of intergroup conflict-the Palestinian adolescents' case*. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI.

26. Odenat, L. Kira, I.A., & **Ashby, J.S.** (2013, August). *Moderating effect of coping on the relationship between torture and posttraumatic stress disorder*. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI.
27. Schwenke, T.J., **Ashby, J.S.**, & Gnilka, P.B. (2013, August). *Effects of perfectionism, stress, and coping on burnout among sign-language interpreters*. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI.
28. Stewart, A., Davis, D.E., Menendez, J.P., McKinney-Clark, K., Rice, K.G., & **Ashby, J.S.** (2013, August). *Perfectionism and masculine gender roles*. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI.
29. Gnilka, P. B., Moate, R., Rice, K. G., & **Ashby, J. S.**, (2013, March). *Meaning of life as a moderator and mediator of multidimensional perfectionism, perceived stress, and life satisfaction in doctoral students*. In J. Stoeber (Chair), *Perfectionism: New research findings from around the world*. Symposium presented at the First World Conference on Personality, Stellenbosch, South Africa.
30. Rice, K. G., **Ashby, J. S.**, & Gnilka, P. B. (2013, March). *Cross-cultural and cross-national measurement and implications of perfectionism*. In J. Stoeber (Chair), *Perfectionism: New research findings from around the world*. Symposium presented at the First World Conference on Personality, Stellenbosch, South Africa.
31. Sumer, S., **Ashby, J.S.**, & Matheny, K.B. (September 2013). *Psychological and sociocultural coping strategies of international students in adapting to United States culture*. The III- International Scientific Conference on Stress and Coping Psychology. Kostroma, Russia.
32. **Ashby, J. S.** (2012, October). *Play therapy ethics in a changing world*. Workshop presented at the annual meeting of the International Association of Play Therapy, Cleveland, OH.
33. Kottman, T., & **Ashby, J.S.** (2012, October). *Getting out of our own way – and continuing to grow*. Workshop presented at the annual meeting of the International Association of Play Therapy, Cleveland, OH.
34. Aydin, B.K., Stewart, Al, McKinney Clark, K.E., Ellis, M.E., **Ashby, J.S.**, & Demir, K. (2012, August). *Relationship of coping, perfectionism and anger in samples of Turkish and American college students: A comparison study*. Poster presented at the American Psychological Association Annual Convention, Orlando, FL.

35. Aydin, B.K., Stewart, Al, McKinney Clark, K.E., Ellis, M.E., **Ashby, J.S.**, & Demir, K. (2012, August). *Relationship of between perfectionism and depression: A Turkey-United States comparison*. Poster presented at the American Psychological Association Annual Convention, Orlando, FL.
36. Davis, D.E. & **Ashby, J.S.** (2012, August). *Do secular coping resources explain the link between religious coping and depressive symptoms?* Paper presented at the American Psychological Association Annual Convention, Orlando, FL.
37. Kira, I.A., Abou-Meian, S., **Ashby, J.S.**, Odenat, L. Mohanesh, J. Elamia, H. (2012, August). *Dynamics of posttraumatic growth across different trauma types in a Palestinian sample*. Paper presented at the American Psychological Association Annual Convention, Orlando, FL.
38. **Ashby, J. S.** & Kottman, T. (2011, October). *Playing around with Theory: Theoretical applications to play therapy*. Workshop presented at the annual meeting of the International Association of Play Therapy, Sacramento, CA.
39. Kottman, T. & **Ashby, J. S.** (2011, October). *Getting out of your own way: Countertransference and other issues*. Workshop presented at the annual meeting of the International Association of Play Therapy, Sacramento, CA.
40. Bell, C., **Ashby, J.S.**, Noble, C., Pak Bruner, L. (2011, August). *Cross-cultural validity of the Almost Perfect Scale-Revised for Korean Americans*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
41. Gnilka, P.B., **Ashby, J.S.**, & Noble, C. (2011, August). *Multidimensional perfectionism, depression and satisfaction with life: A test of a coping mediation model*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
42. Hsiao, Y.S., **Ashby, J.S.**, Gnilka, P.B., & Noble, C. (2011, August). *Acculturation, acculturative stress, social support, and career outcome expectations among international students*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
43. Noble, C., Gnilka, P.B., & **Ashby, J.S.** (2011, August). *Multidimensional perfectionism, control desirability, dissociation, and posttraumatic symptomatology*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
44. Noble, C., Gnilka, P.B., **Ashby, J.S.**, Clark, K.M., Ellis, M.B., Bell, C.M., & Matheny, K.B. (2011, August). *Adult attachment style differences among adaptive, maladaptive, and nonperfectionists*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.

45. Herrera, D., Prabhaker, B., Gnilka, P.B., Noble, C., **Ashby, J.S.**, Matheny, K.B., & Nicolas, G. (2011, August). *Future time perspective, stress, coping, perfectionism, and life satisfaction among U.S. and Latin American college students: A cross-cultural study*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
46. Swahn, M., Topalli, V., Strasser, S., Meyers, J. & **Ashby, J.S.** (2010, November). *Pre-teen alcohol use as a risk factor for bullying victimization and perpetration among Middle and High School students in Georgia*. Paper presented at the annual meeting of the American Society of Criminology, San Francisco, CA
47. Noble, C., Gnilka, P. & **Ashby, J.S.** (2010, October). *Multidimensional perfectionism, coping and posttraumatic symptomatology*. Poster session at the International Conference for the Study of Trauma and Dissociation, Atlanta, GA.
48. Kottman, T. & **Ashby, J. S.**, (2010, October). *Designing interventions in Adlerian play therapy*. Workshop presented at the annual meeting of the International Association of Play Therapy, Louisville, KY.
49. **Ashby, J. S.**, Gnilka, P.B., Chung, B.Y., Matheny, K.B., & Noble, C.L. (2010, August). *Gender differences in stress and coping among Taiwanese college students*. Poster presented at the American Psychological Association Annual Convention, San Diego, CA.
50. Gnilka, P.B., Noble, C.L. **Ashby, J. S.**, Matheny, K.B., Bell, C.M., Horine, S.Y., Selagea, F., Prabhakar, B.D., & Donnow, H.R. (2010, August). *Multidimensional perfectionism, coping processes, and anxiety*. Poster presented at the American Psychological Association Annual Convention, San Diego, CA.
51. Noble, C.L., Slaney, R.B., Gnilka, P.B., **Ashby, J. S.**, Bell, C.M., Horine, S.Y., Selagea, F., Prabhakar, B.D., & Donnow, H.R. (2010, August). *Perceptions of perfection: Prospective interviews with adaptive and maladaptive perfectionists*. Poster presented at the American Psychological Association Annual Convention, San Diego, CA.
52. Omonishi, M., Matheny, K.B., Gagne, P.E., Williams, S.T., & **Ashby, J.S.** (2010, August). *Effects of mindfulness meditation in veterans with PTSD*. Poster presented at the American Psychological Association Annual Convention, San Diego, CA.
53. Sumer-Richards, S., Matheny, K.B., **Ashby, J.S.**, & Chung, B.Y. (2010, August). *International students' psychological and sociocultural adaptation in the United States*. Poster presented at the American Psychological Association Annual Convention, San Diego, CA.

54. Noble, C., Gormley, B., **Ashby, J.**, Gnilka, P., Matheny, K., & White, N. (August 2009). *Depression and perfectionism*. Poster presented at the American Psychological Association Annual Conference, Toronto, Canada.
55. Taylor, T., Gnilka, P., Noble, C., **Ashby, J.**, Matheny, K., White, N., Luke, J., Weil, E., Selagea, F., & Ray, M. (August 2009). *Coping resources, depression, and trauma*. Poster session presented at the American Psychological Association Annual Conference, Toronto, Canada.
56. DiPrima, A., **Ashby, J.**, Gnilka, P., Noble, C., Luke, J., Matheny, K., Selagea, F., Taylor, T., White, N., Weil, E., & Ray, M. (August 2009). *The relationship between family variables and perfectionism in adolescent students*. Poster session presented at the American Psychological Association Annual Conference, Toronto, Canada.
57. Sozen, D., **Ashby, J.S.**, Sayiner, B (2009, July). *A cross-cultural study on the relationship between perfectionism and depression – Turkey and USA comparison*. Paper presented at the annual meeting of the International Stress and Anxiety Research Society, Budapest, Hungary.
58. Holtz, D., Kottman, T., & **Ashby, J.S.** (2008, October). *Play therapy applications for adolescents*. Workshop presented at the annual meeting of the Association for Play Therapy, Dallas, TX.
59. **Ashby, J. S.**, Aycok, K. A., Miner, C., White, N., Canty, L., & Matheny, K.B (2008, August). *Multidimensional perfectionism, coping, and perceived stress*. Poster presented at the Annual American Psychological Association Convention, Boston, MA.
60. Martin, J.M., Deal, C.M., Gravitt, G.W., & **Ashby, J.S.** (2008, August). *Comparing the clinical utility of three popular measures of perfectionism*. Poster presented at the American Psychological Association 116th Annual Convention, Boston, MA.
61. White, N., Chambless, C., Marshall, M., Odenat, L. Ruffner, C., Meyers, J., **Ashby, J. S.** (2008, August). *Latent class analysis of student perception of school climate*. Poster presented at the American Psychological Association 116th Annual Convention, Boston, MA.
62. **Ashby, J.S.**, Canty, L., White, N., Dickinson, W.L., Matheny, K.B., & Miner, C. (2008, March). *Hope, perfectionism and depression in middle school students*. Paper presented at the International Congress of Counseling Psychology, Chicago, IL.
63. **Ashby, J.S.** (2007, October). *Play therapy ethics in action*. Workshop presented at the annual meeting of the International Association of Play Therapy, Los Angeles, CA.

64. Odenat, L., White, N., Ruffner, C., Marshall, M, Chambless, C, Meyers, J, & **Ashby, J.S.** (2007, August). *Perceptions of harmfulness, drug prevention education, and adolescent drug use*. Poster presented at the American Psychological Association 115th Annual Convention, San Francisco, CA.
65. Chambless, C., Meyers, J., White, N., Ruffner, C., Marshall, M., Odenat, L., **Ashby, J.S.** (2007, August). *Influence of adult and peer approval of alcohol and drugs on adolescent usage*. Poster presented at the American Psychological Association 115th Annual Convention, San Francisco, CA.
66. **Ashby, J. S.**, Ganske, K. H., Martin, J. L., Matheny, K. B., Aycock, K. A., Trotter, R., Canty, L., & Watson, L. (2007). *Gender differences in the relationship of coping, optimism, and depression*. Poster to be presented at the 115th Annual American Psychological Association Convention, San Francisco, CA.
67. Trotter, R. H., Ganske, K. H., **Ashby, J. S.**, Matheny, K. B., Timmons, D. J., Odenat, L., Canty, L., Aycock, K. J., & Watson, L. (2007). *Big five personality traits, coping resources, and depression*. Poster to be presented at the 115th Annual American Psychological Association Convention, San Francisco, CA.
68. Kottman, T. & **Ashby, J. S.**, (2006, October). *Play therapy techniques with adults*. Workshop presented at the annual meeting of the International Association of Play Therapy, Denver, CO.
69. **Ashby, J. S.**, Rice, K.G., & Gilman, R. (2006, August). *Refining the Classification of Adolescent Perfectionists*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
70. Martin, J. L., & **Ashby, J. S.** (2006, August). *Differences in physiological stress Response among adaptive, maladaptive, and nonperfectionists*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
71. **Ashby, J.S.**, & Seymour, J. W. (2005, October). *Ethics for play therapists*. Workshop presented at the annual meeting of the International Association of Play Therapy, Nashville, TN.
72. Martin, J. L., & **Ashby, J. S.** (2005, August). *Perfectionism, stress, and depression: Testing mediation across measures of perfectionism*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
73. Matheny, K. B., **Ashby, J. S.**, Cupp, P., Dickinson, W. L., Ganske, K. H., Ward, A., McMichen, P. & Brasfield, C. D. (2005, August). *Gender differences in stress, coping and illness among college students*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.

74. McMichen, P., McMahon, H.G., & **Ashby, J.S.** (August 2005). *Coping Resources and Depression in Middle School Students*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
75. Singh, A., Dickinson, W. L., Dean, J., & **Ashby, J. S.** (2005, August). *Feminist ethical decision-making model*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
76. **Ashby, J. S.**, & Rice, K. G. (2005, July). *Perfectionism and coping resources*. Paper presented at the annual meeting of the International Stress and Anxiety Research Society, Halle, Germany.
77. Nounopoulos, A., **Ashby, J. S.** & Gilman, R. (2005, June). *The Relationship between multidimensional perfectionism and coping resources among adolescents*. Poster presented at the annual meeting of the Canadian Psychological Association annual Convention. Montreal, Canada.
78. **Ashby, J.S.**, Singh, A., & Dickinson W.L. (2005, April). *Adventures in Wellness*. Workshop presented at the annual meeting of the American Counseling Association, Atlanta, GA.
79. **Ashby, J. S.**, & Kottman, T. (2004, October). *Infusing your play therapy with adventure*. Workshop presented at the annual meeting of the International Association of Play Therapy, Denver, CO.
80. **Ashby, J. S.**, Kutchins, C.B., Rice, K.G., Ganske, K.H., Dickinson, W.L., & Brasfield, C.D. (2004, July). Matches and mismatches: Partners, perfectionism, and premarital adjustment. In K.G. Rice and R.B. Slaney (Chairs), *Interpersonal Implications of Perfectionism*. Symposium conducted at the annual meeting of the American Psychological Association, Honolulu, HI.
81. **Ashby, J. S.**, Rice, K.G., Timmons, D.J., Dickinson, W.L., Brasfield, C.D., & Ganske, K.H. (2004, July), *Refining the classification of perfectionists*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.
82. Gilman, R.C., Florell, D., Sverko, D., **Ashby, J.S.**, & Varjas, K. (2004, July), *Perfectionism and multidimensional life satisfaction among Croatian and American youth*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.
83. Dickinson, W.L., **Ashby, J.S.**, LoCicero, K.A., Timmons, D., Brasfield, C.D., & Ganske, K.H. (2004, July), *Multidimensional perfectionism and hope in middle school students*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

84. **Ashby, J. S.**, White, J., Frank, L. A., & Mitchell, J. (2003, October). *Confidentiality and dual relationships in play therapy: Ethical decision-making and applications*. Workshop presented at the annual meeting of the International Association of Play Therapy, Norfolk, VA.
85. **Ashby, J.S.**, Dickinson, W.L., Bruner, L.P., Martin, J.L., Brasfield, C.D., & Timmons, D.J. (2003, August), *Religious coping, coping resources and depression*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
86. Brasfield, C.D., **Ashby, J.S.**, Martin, J.L., Timmons, D.J., Bruner, L.P., Blasko, L.S., Dickinson, W.L., & Leavitt, C.H. (2003, August). *Multidimensional perfectionism and perceptions of stress among college students*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
87. Bruner, L.P., **Ashby, J.S.**, Martin, J.L., Dickinson, W.L., Brasfield, C.D., & Timmons, D.J., (2003, August). *Multidimensional perfectionism and Kohut's self-psychology*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
88. Martin, J.L., Timmons, D.J., **Ashby, J.S.**, Dickinson, W.L., Brasfield, C.D., & Bruner, L.P., (2003, August). *Parenting to perfection: Attachment differences among adaptive, maladaptive, and nonperfectionists*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
89. Kottman, T., & **Ashby, J. S.** (2003, June). *Using adventure in your guidance program*. Presentation at the annual meeting of the American School Counselors Association, St. Louis, MO.
90. **Ashby, J.S.**, Martin, J.L., & DeGraaf, D. (2002, November). *Therapeutic writing: Extending the experience*. Presentation at the annual meeting of the Association for Experiential Education, St. Paul, MN.
91. **Ashby, J.S.**, White, J., Frank, L. A., & Mitchell, J. (2002, October). *Ethics in play therapy: Applications and dilemmas beyond the codes*. Workshop presented at the annual meeting of the International Association of Play Therapy, St. Louis, MO.
92. **Ashby, J. S.**, Rice, K. G., Bruner, L. P., Martin, J. L., & Timmons, D. (2002, August). *Perfectionism, inferiority, and satisfaction with life*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
93. Bruner, L. P, **Ashby, J. S.**, Martin, J. L., & Timmons, D. (2002, August). *Multidimensional perfectionism and coping resources*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

94. Martin, J. L., **Ashby, J. S.**, Bruner, L. P., & Timmons, D. (2002, August). *Personality differences in adaptive, maladaptive and nonperfectionists*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
95. LoCicero, K. & **Ashby, J. S.** (2002, August). *Using the Revised Almost Perfect Scale with adolescents: A psychometric study*. Paper presented at the annual meeting of the American Psychological Association, Chicago, IL.
96. Kottman, T., & **Ashby, J. S.** (2001, October). *Supervision of play therapy*. Workshop presented at the annual meeting of the International Association of Play Therapy, Portland, OR.
97. **Ashby, J. S.**, Rice, K. G., Bruner, L. P., Blasco, L. S., Edge, C. A., Martin, J. L., & Kenny, M.C. (2001, August). *Multidimensional perfectionism, shame, and depression: A structural equations analysis*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
98. Edge, C. A., **Ashby, J. S.**, Blasco, L. S., Bruner, L. P., Martin, J. L., & Kenny, M. C. (2001, August). *Multidimensional perfectionism and ego defense styles*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
99. Gilman, R., LoCicero, K. A., & **Ashby, J. S.** (2001, August). *Multidimensional perfectionism in a sample of middle school students: An exploratory investigation*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
100. Kenney, M. C., **Ashby, J. S.**, Huffman, J., Blasko, S., Bruner, L. P., Martin, J., Eddge, C. (2001). *Perfectionism, religious orientation, and religious coping*. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
101. LoCicero, K. A., Blasko, L. S., **Ashby, J. S.**, Bruner, L. P. Martin, J., & Edge. C. A. (2001, August). *Multidimensional perfectionism and coping resources in middle school students*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
102. Martin, J. L., **Ashby, J. S.**, Bruner, L. P., Edge, C. A., Blasco, L. S., & Kenney, M. C. (2001, August). *Multidimensional perfectionism and epistemological style*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
103. LoCicero, K. A., Draper, K., & **Ashby, J. S.** (2001, March). *Adolescent Perfectionism and Hope*. American Counseling Association Annual Conference, San Antonio, Texas.

104. Kottman, T., & **Ashby, J. S.** (2000, October). *Play therapy techniques for perfectionistic children*. Workshop presented at the annual meeting of the International Association of Play Therapy, New Orleans, LA.
105. **Ashby, J. S.** (2000, August). Meaning of perfectionism: Different theoretical perspectives. In K.G. Rice (Chair), *Meanings of Perfectionism*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
106. Kenny, M. C., **Ashby, J. S.**, LoCicero, K., Periasamy, S., Rahotep, S., & Pak, L., (2000, August). *The relationship of psychological birth order to multidimensional perfectionism*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
107. Rahotep, S., **Ashby, J. S.**, Periasamy, S., Kenny, M. C., & Pak, L. (2000, August). *Multidimensional perfectionism and Rogerian personality characteristics*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
108. Huffman, J., & **Ashby, J. S.** (2000, March). *The perfect marriage: When is perfect a problem?* Paper presented at the annual meeting of the American Counseling Association, Washington, DC.
109. **Ashby, J. S.**, Huffman, J., & Mangine, J., (1999, August). *Religious orientation, religious coping, and coping resources*. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
110. **Ashby, J. S.**, Rice, K. G., Kottman, T., Schoen, E., LoCicero, K., Periasamy, S., & Stoltz, K. (1999, August). *Perfectionism, dysfunctional attitudes, and self-esteem: A structural equations analysis*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
111. Kottman, T., **Ashby, J. S.**, Schoen, E., LoCicero, K., Stoltz, K., & Periasamy, S. (1999, August). *Multidimensional perfectionism and Adlerian personality priorities*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
112. LoCicero, K. A., **Ashby, J. S.**, & Periasamy, S. *Multidimensional perfectionism and middle school age gifted students*. (1999, August). Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
113. Periasamy, S., **Ashby, J. S.**, & LoCicero, K. (1999, August). *Multidimensional perfectionism and locus of control*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

114. **Ashby, J. S.,** & LoCicero, K. (1999, May). *Adaptive and maladaptive perfectionism*, in "Individual Psychology in the South" moderated by Roy Kern and William L. Curlette. Presented at the annual meeting of the North American Society of Adlerian Psychology, Atlanta, GA.
115. LoCicero, K., & **Ashby, J. S.** (1999, May). *Striving for perfection: Gifted versus non-gifted middle school students*. Paper presented at the annual meeting of the North American Society of Adlerian Psychology, Atlanta, GA.
116. **Ashby, J. S.,** & Kottman, T., (1998, October). *Play therapy applications of personality priorities*. Workshop presented at the annual meeting of the International Association of Play Therapy, Phoenix, AZ.
117. **Ashby, J. S.,** & Huffman, J., (1998, August). *Intrinsic/extrinsic religiosity and Rogerian personality variables*. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
118. **Ashby, J. S.,** LoCicero, K., Kottman, T., Schoen, E., & Honsell, G. (1998, August). *Multidimensional perfectionism and self-efficacy*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
119. Kottman, T., **Ashby, J. S.,** DeGraaf, D., LoCicero, K., Schoen, E., & Honsell, G. (1998, August). *Perfectionism and leisure satisfaction and attitudes*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
120. Kottman, T., **Ashby, J. S.,** Schoen, E., & Honsell, G., LoCicero, K., (1998, August). *Adlerian personality priorities: differences and implications*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
121. Kottman, T., & **Ashby, J. S.** (1998, May). *Current research on personality priorities*. Paper presented at the annual meeting of the North American Society of Adlerian Psychology, Dallas, TX.
122. Kottman, T., & **Ashby, J. S.** (1997, October). *Adventure/Challenge techniques for play therapists*. Workshop presented at the annual meeting of the International Association of Play Therapy, Orlando, FL.
123. **Ashby, J. S.,** Bieschke, K., & Slaney, R. (1997, August). *Multidimensional perfectionism and career decision-making self-efficacy*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
124. **Ashby, J. S.,** Kottman, T., Schoen, E., Keith, A., Huff, H., Irvin, D., & Becker, S. (1997, August). *Perfectionism and eating disorders reconsidered*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

125. Kottman, T., & **Ashby, J. S.** (1996, October). *Creative arts techniques for play therapists*. Workshop presented at the annual meeting of the International Association of Play Therapy, Chicago, IL.
126. **Ashby, J. S.**, Slaney, R., & Mangine, J. (1996, August). *An investigation of the relationship between perfectionism and the Big-Five factor structure*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
127. **Ashby, J. S.**, Kottman, T., & Becker, S. (1996, August). *Multidimensional perfectionism and Adlerian inferiority*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
128. **Ashby, J. S.**, Huffman, J., & Monnet, M. (1996, April). *Perfectionism, religiosity, and self-esteem: Relationships and implications*. Paper presented at the annual meeting of the Christian Association of Psychological Studies, St. Louis, MO.
129. **Ashby, J. S.**, & DeGraaf, D. (1995, October). *Reconsidering group development in challenge education: A paradigmatic shift*. Bradford Woods Symposium on the American Outdoors, Bloomington, IN.
130. **Ashby, J. S.**, Huffman, J., Monnet, M., Robinson, D., Johnson, C., Fisher, D., & Kennicott, L., (1995, August). *An investigation of religious constructs and multidimensional perfectionism*. Paper presented at the annual meeting of the American Psychological Association, New York, NY.
131. **Ashby, J. S.**, Rice, K., & Slaney, R. (1995, August). *An investigation of multidimensional perfectionism and mental health*. Poster presented at the annual meeting of the American Psychological Association, New York, NY.
132. Bieschke, K., **Ashby, J. S.**, Trad, A., Dorman, B., & Britt, D. (1995, August). *Supervisor/supervisee experience and development and its effect on the supervisory working alliance*. Poster presented at the annual meeting of the American Psychological Association, New York, NY.
133. **Ashby, J. S.** (1995, April). Discussant in D. Fisher (Chair). *Facilitating peer supervision in a mental health practicum*. Roundtable presented at the annual meeting of the American Counseling Association, Denver, CO.
134. Rice, K., **Ashby, J. S.**, & Preusser, K. (1995, March). *Perfectionism, relationships with parents, and self-esteem*. Paper presented at the Great Lakes Regional Meeting of the Counseling Psychology Division (17) of the American Psychological Association, East Lansing, MI.

135. **Ashby, J. S.** (1994, August). *Examining philosophical assumptions as a framework for personality theory*. Poster presented at the annual meeting of the American Psychological Association, Los Angeles, CA.
136. **Ashby, J. S.** (1994, April). Discussant in C. Anderson (Chair). *Professional concerns of male counselors*. Roundtable presented at the annual meeting of the American Counseling Association, Minneapolis, MN.
137. **Ashby, J. S., & Rice, K.** (1994, April). *Tying research to theory in treating perfectionism*. Presented at the annual meeting of the American Counseling Association, Minneapolis, MN.
138. Mangine, J., & **Ashby, J. S.** (1994, April). *An investigation of perfectionism in adult children of alcoholics*. Poster presented at the annual meeting of the American Counseling Association, Minneapolis, MN.
139. **Ashby J. S., & Cheatham, H.** (1994, February). *Developing competencies for cross-cultural supervision*. Workshop presented at the Eleventh Annual Teachers College Winter Roundtable on Cross-Cultural Counseling and Psychotherapy, New York, NY.
140. **Ashby, J. S., Rice, K., & Huffman, J.** (1993, August). *Religiosity and epistemological style: An exploratory study*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
141. **Ashby, J. S., Hall, D., & Sandusky, E.** (1993, August). *Psychological consequences of rehabilitation of athletic injury: A systematic team response*. Poster presented at the annual meeting of the American Psychological Association, Toronto.
142. **Ashby, J. S., & Lenhart, S.** (1993, August). *Cognitive coping strategies in chronic pain*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
143. Moran, W., **Ashby, J. S., Cotter, J., & Slaney, R.** (1993, August). *Counseling psychologists' labeling of the affective states of shame and guilt*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
144. **Ashby, J. S., & Sandusky, E.** (1993, April). *Psychological rehabilitation of athletic injury: A systematic team response*. Paper presented at the Tenth Annual Conference on Counseling Athletes, Springfield, MA.
145. Lenhart, S., & **Ashby, J. S.** (1993, March). *Chronic pain as a source of secondary gain*. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.

146. **Ashby, J. S.** (1993, March). *Validation of a measure of perfectionism*. Poster presented at the annual meeting of the American Counseling Association, Atlanta, GA.
147. **Ashby, J. S.** (1992, August). *Impact of contextual variables on adolescent substance use*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
148. **Ashby, J. S., & Lenhart, S.** (1992, August). *Prayer as a coping strategy for chronic pain patients*. Paper presented at the annual meeting of the American Psychological Association, Washington, D.C.
149. **Ashby, J. S.** (1991, August). Research council: How interns fit in. In H. Roehlke (Chair). *A counseling center research council: Productive melding of science and practice*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.

INVITED WORKSHOPS AND PRESENTATIONS

1. **Ashby, J.S.** (2016, June). *Play therapy with angry and aggressive clients*. Workshop presented at the Multicultural Play Therapy Conference, Charlotte, NC.
2. **Ashby, J.S.** (2016, June). Sounds like fun! *Play therapy with pre-teen and teen clients..* Workshop presented at the Multicultural Play Therapy Conference, Charlotte, NC.
3. **Ashby, J.S.** (2016, June). *Play therapy techniques to build resilience*. Workshop presented at the Asociacion Nacional de Terapia de Juego de Mexico, Puebla, Mexico.
4. **Ashby, J.S.** (2016, April). *Practical mental health ethics: Applications for fast changing times*. Workshop presented for the Alabama Association of Play Therapy, Montgomery, AL.
5. **Ashby, J.S.** (2015, October). *Avoiding burnout – “you’re kind of a big deal”*. Keynote presented at the annual meeting of the International Association of Play Therapy, Atlanta, GA.
6. **Ashby, J.S.** (2015, May). *Building resiliency in children through play therapy*. Keynote presented at the 9th International Congress Terapia de Juego, Chulula, Mexico.
7. **Ashby, J.S.** (2015, May). *Play therapy applications with adolescents*. Workshop presented at the 9th International Congress Terapia de Juego, Chulula, Mexico.
8. **Ashby, J.S.** (2015, May). *Play therapy for pain management in children*. Workshop presented at the 9th International Congress Terapia de Juego, Chulula, Mexico.

9. **Ashby, J.S.** (2015, March). *Ethics of play therapy*. Workshop presented for the Georgia Association of Play Therapy, Atlanta, GA.
10. **Ashby, J.S.** (2015, March). *Play therapy with latency and adolescent age clients*. Workshop presented for the Georgia Association of Play Therapy, Atlanta, GA.
11. **Ashby, J.S. & Kottman, T.** (2015, March). *Sounds like fun! Adventure play therapy*. Workshop presented for the New Mexico Association of Play Therapy, Albuquerque, NM.
12. **Ashby, J.S.** (2015, January). *Introduction to Adlerian play therapy*. Workshop presented for the Japanese Play Therapy Association, Tokyo, Japan.
13. **Ashby, J.S.** (2015, January). *Building resiliency and health: Play therapy techniques*. Workshop presented for the Tokyo Foundation for Social Welfare and Public Health, Tokyo, Japan.
14. **Ashby, J.S.** (2015, January). *Techniques for assessment and intervention: Play therapy and beyond*. Workshop presented for Shizuoka Child Protection and Welfare, Shizuoka, Japan.
15. **Ashby, J.S.** (2015, January). *Using play therapy in hospital settings: Facilitating resiliency*. Workshop presented for University of Shizuoka, Shizuoka, Japan.
16. **Ashby, J.S.** (2015, January). *Play therapy techniques*. Workshop presented for Mitaka Network University, Tokyo, Japan.
17. **Ashby, J.S.** (2014, May). *Adlerian play therapy*. Workshop presented at the 8th International Congress Terapia de Juego, Chulula, Mexico.
18. **Ashby, J.S.** (2014, May). *Using play therapy to build resiliency*. Workshop presented at the 8th International Congress Terapia de Juego, Chulula, Mexico.
19. **Ashby, J.S.** (2014, May). *Play therapy with older children and younger teens*. Workshop presented at the 8th International Congress Terapia de Juego, Chulula, Mexico.
20. **Ashby, J.S.** (2014, January). *Helping children through play: Bridging the gap between theory and practice*. Keynote Address presented at the Annual Japan Health Specialists Conference, Shizuoka, Japan.
21. **Ashby, J.S.** (2014, January). *Facilitating Resiliency with play therapy techniques*. Workshop presented at the Annual Japan Health Specialists Conference, Shizuoka, Japan.

22. **Ashby, J.S.** (2012, November). *Code of Ethics: Guidelines for multidisciplinary team members*. Workshop presented at the World Day for the Prevention of Child Abuse Conference, Children's Advocacy Centers of Georgia, Kennesaw, GA.
23. **Ashby, J.S.** (2012, September). *Play therapy for teens and tweens*. Workshop presented at the annual meeting of the Southern Arizona Association of Play Therapy, Tucson, AZ.
24. **Ashby, J.S.** (2012, September). *Treating the anxious play therapy client...* Workshop presented at the annual meeting of the Southern Arizona Association of Play Therapy, Tucson, AZ.
25. **Ashby, J.S.** (2012, September). *Ethical decision-making in play therapy*. Workshop presented at the annual meeting of the Southern Arizona Association of Play Therapy, Tucson, AZ.
26. **Ashby, J.S.** (2012, September). *Applying Ethical decision-making in play therapy*. Workshop presented at the annual meeting of the Iowa Association of Play Therapy, Iowa City, IA.
27. Kottman, T., & **Ashby, J.S.** (2012, July). *Putting the play in play therapy: Active interventions for clients of all ages*. Summer Institute Workshop – Center for Play Therapy, University of North Texas, Denton, TX.
28. **Ashby, J.S.** (2012, June). *Ethical decision-making in play therapy: Models and applications*. Workshop presented at the Annual Multicultural Play Therapy Center Conference, Charlotte, NC.
29. **Ashby, J.S.** (2012, May). *Professional issues and Social Media: The internet and beyond*. Workshop presented for the American Psychological Association's *Clinician's Corner* series, Washington, DC.
30. **Ashby, J.S.** (2012, January). *Adlerian play therapy*. Two-day workshop presented at the Asociacion National de Terapia de Juego de Mexico, Puebla, Mexico.
31. **Ashby, J. S.**, (2011, August). *Making professional ethics practical*. Distinguished Workshop presented at the annual meeting of the American Psychological Association, Washington, DC.
32. **Ashby, J.S.**, (2011, August). *Managing ethical issues when working with crime victims: Often, it just depends*. Workshop presented at the 12th Annual Gulf States Victim Witness/Law Enforcement Conference, U.S. Department of Justice, United States Attorney's Office, Houston, TX.

33. **Ashby, J. S.**, (2010, September). *Ethical decision-making in play therapy: Models and applications*. Workshop presented at the annual meeting of the Iowa Association of Play Therapy, Iowa City, IA.
34. Kottman, T. & **Ashby, J. S.**, (2010, September). *Creative play therapy techniques for working with children and adolescents*. Two-day workshop presented at the annual meeting of the Iowa Association of Play Therapy, Iowa City, IA.
35. **Ashby, J.S.**, (2010, July). *Ethics and working with victims experiencing mental illness and/or psychiatric disabilities*. Workshop presented at Annual Gulf States Victim Witness Law Enforcement Conference, U.S. Attorney's Office, Savannah, GA.
36. **Ashby, J.S.** (2010, June). *Active interventions: Adding energy to your group, individual, and family therapy*. Workshop presented for the American Psychological Association's *Clinician's Corner* series, Washington, DC
37. **Ashby, J.S.** (2010, April). *Making professional ethics practical*. Workshop presented for the Chattanooga Area Psychotherapy Association, Chattanooga, TN.
38. Kottman, T. & **Ashby, J. S.**, (2010, February). Play therapy strategies for tweens and teens. Two-day workshop presented at Kansas City Play Therapy Training Center, Kansas City, MO.
39. **Ashby, J.S.**, (2009, May). *Ethics: Current issues in professional decision-making for school psychologists*. Workshop presented for the Fulton County School Psychologist, Atlanta, GA.
40. **Ashby, J.S.**, (2009, May). *Play therapy with the perfectionistic child*. Workshop presented at the Tennessee Association for Play Therapy's Summer Play Therapy Institute, Murfreesboro, TN.
41. **Ashby, J.S.**, (2009, May). *Ethics in play therapy*. Workshop presented at the Tennessee Association for Play Therapy's Summer Play Therapy Institute, Murfreesboro, TN.
42. **Ashby, J.S.**, (2009, March). *Ethics in victim advocacy*. Workshop presented for the Georgia Office of Victim Advocacy, United States Attorney's Office, Atlanta, GA.
43. **Ashby, J.S.**, (2009, March). *Active counseling interventions: Adding play and adventure techniques to your practice*. Workshop presented at Indiana University South Bend, Department of Counseling, South Bend, IN.
44. **Ashby, J.S.** (2008, August). Ethics and adoption: Who is my client and how do I ethically serve him/her/them? Workshop presented at the annual meeting of Georgia Association of Licensed Adoption Agencies, August, GA.

45. **Ashby, J.S.**, (2008, May). *Ethical decision-making in play therapy: Models and applications*. Workshop presented at annual meeting of the Kentucky Play Therapy Association, Louisville, KY.
46. **Ashby, J.S.**, (2008, May). *Not just for kids! Play therapy techniques for adolescents*. Workshop presented at annual meeting of the Kentucky Play Therapy Association, Louisville, KY.
47. **Ashby, J. S.** (2008, March). *Understanding multidimensional perfectionism for enhanced treatment*. Workshop presented at the TED Ankara Counseling Conference, Ankara, Turkey.
48. **Ashby, J. S.** (2008, March). *Using experiential counseling techniques – Adding some adventure*. Workshop presented at the TED Ankara Counseling Conference, Ankara, Turkey.
49. **Ashby, J. S.** (2007, October). *Stress-Diathesis models of depression and self-esteem: Implications for counselors*. Workshop presented at the 9th National Congress of Psychological Counseling, Cesme, Turkey.
50. **Ashby, J. S.** (2007, October). *Multidimensional perfectionism and stress: predicting well-being and dysfunction*. Keynote address presented at the 9th National Congress of Psychological Counseling, Cesme, Turkey.
51. **Ashby, J.S.** (2007, June). *Ethics and adoption: Who is my client and how do I ethically serve him/her/them?* Workshop presented at the annual meeting of the Georgia Association of Licensed Adoption Agencies, Augusta, GA.
52. **Ashby, J.S.**, (2007, May). *Play therapy for the perfectionistic child (and parent...)*. Workshop presented at annual meeting of the Alabama Play Therapy Association, Birmingham, AL.
53. **Ashby, J.S.**, (2007, February). *Play therapy and adventure: Infusing your practice with fun*. Keynote Workshop presented for Louisiana Association for Play Therapy, New Orleans, LA.
54. **Ashby, J.S.**, (2007, February). *Play therapy for the anxious child*. Keynote Workshop presented for Louisiana Association for Play Therapy, New Orleans, LA.
55. **Ashby, J. S.** (2005, January). *Processing: One key to successful adventure programming*. Plenary session delivered at the annual meeting of the Hong Kong Institute of Adventure Counseling, Hong Kong.
56. DeGraaf, D., & **Ashby, J.S.** (2005, January). *Facilitating adventure therapy*. Workshop presented at the annual meeting of the Hong Kong Institute of Adventure Counseling, Hong Kong.

57. **Ashby, J.S.** (2004, September). *Adventure play therapy: Infusing your play therapy practice with fun*. Workshop presented for the South Georgia Association of Play Therapy, Savannah, GA.
58. **Ashby, J.S.** (2004, September). *Ethics in child counseling and play therapy: Models and applications*. Workshop presented for the South Georgia Association of Play Therapy, Savannah, GA.
59. Kottman, T., & **Ashby, J.S.** (2005, July). *Adventures in play therapy: Using active games and adventure techniques*. Workshop presented at the Summer Institute, Center for Play Therapy, Denton, TX.
60. **Ashby, J.S.**, & Nutt, R. (2003, February). *Keeping current: A summary of changes in APA's new Ethical Principles and Guidelines*. Workshop presented at the annual meeting of the Council of Counseling Psychology Training Programs, Miami, FL.

GRANTS/CONTRACTS

1. **Ashby, J.S.** (Principal Investigator) (2015-2018). AWARE and Mental Health Awareness in a Refugee Community. Substance Abuse and Mental Health Awareness, Health and Human Services, \$374,295.
2. Meyers, J. M. & **Ashby, J. S.** (co-Principal Investigators) (2006). Analysis of the Georgia Student Health Survey II. Georgia State Department of Education, \$144,185.
3. Meyers, J. M. & **Ashby, J. S.** (co-Principal Investigators) (2005). Analysis of the Georgia Student Health Survey II. Georgia State Department of Education, \$104,630.
4. Riso, L. (Principal Investigator), **Ashby, J. S.**, Cadenhead, C. & Fowler, M. (2003). *Psychotherapy for Chronically Depressed Adolescents*. Research Initiation Grant - Georgia State University, 2002, \$15,000.
5. **Ashby, J. S.** (1997). "Perfectionism and Eating Disorders," University of Northern Iowa Graduate School Faculty Research Grant, \$2000.

MEDIA/VIDEO

1. **Ashby, J.S.** (2014). The accessible DSM-5: From complex to comprehensible. Cross Country Education seminar, six continuing education credits. Accessible at: <https://www.crosscountryeducation.com/cce/product/ShowWebcastDetails.do?seminarCode=WDBHPLEX-V2>

2. **Ashby, J.S.** (2012). Professional issues in the information age: Social media and beyond. American Psychological Association Continuing Education Session Recording, three continuing education credits. Accessible at: <http://apa.bizvision.com/video/professional-issues-in-the-information-age-social-media-and-beyond-on-demand-recording%287038%29>.
3. **Ashby, J.S.** (2011). *Making professional ethics practical*. American Psychological Association Continuing Education Office Online Academy Workshop, three continuing education credits. Accessible at: <http://apa.bizvision.com/product/interactive-classroom-programs/makingprofessionalethicspractical%283812%29>
4. **Ashby, J.S.** (2010). *Multidimensional perfectionism and stress/coping: Predicting well-being and dysfunction*. American Psychological Association Continuing Education Office Online Academy Workshop, one continuing education credit. Accessible at: <http://www.apa.org/education/ce/1360250.aspx>.

HONORS/AWARDS

Pine Biggs Article of the Year, American Counseling Association - Counseling and Values, 2014

Outstanding Research Award, Professor Level, College of Education, Georgia State University, 2010.

Faculty Peer Mentoring Award, Department of Counseling and Psychological Services, College of Education, Georgia State University, 2000.

Faculty Peer Mentoring Award, Department of Counseling and Psychological Services, College of Education, Georgia State University, 1999.

SERVICE

Editorial Roles

Ad-Hoc Reviewer,

Journal of Counseling Psychology
The Counseling Psychologist
Journal of Health Psychology
Anxiety, Stress, & Coping
Cognitive Therapy and Research
Personality and Individual Differences
International Journal of Psychology
Applied Psychology: An International Review
Journal of Religion and Health

Co-Editor,

Special Issue – Individual Psychology and Stress
Individual Psychology. May, 2006

Editorial Board Member,

Journal of Counseling and Development. July 1994 – July 1997
Individual Psychology. March 1998 – June 2008

To Professional Organizations

Nominations Committee – Member

International Association of Play Therapy. January 2015 – present

Accreditation Site Visitor – Counseling Psychology Ph.D. Program

American Psychological Association Commission on Education - February 2011, March 2013

Continuing Education Examination Preparation

American Psychological Association Continuing Education
Essential Ethics for Psychologists, 2011

Ex-Officio Member, Ethics Committee

Division 16 – School Psychology
 American Psychological Association. March 2011 - 2013

Chair, Ethics Committee

International Association of Play Therapy. October 2001 – October 2004

Ethics Committee Member

International Association of Play Therapy. January 2001 – October 2001

Awards Committee Member

Society of Counseling Psychology. September 2004 – August 2006

At Georgia State University

Director, Counseling Psychology Program

January 2000 – August 2005

August 2008 - Present

Chair, CPS Department Promotional and Tenure Committee

August 2012- Present

Representative, CPS Department Chair's Advisory Committee

January 2000 – August 2005

August 2008 – Present

Representative, Dean's Advisory Committee

August 2009 - 2012

Representative, College of Education Committee on Research

August 2011 – 2014

Representative, College of Education Promotion and Tenure Committee

March 2008 – August 2009

August 2010 – August 2011

Faculty Representative, Recreation Services Advisory Board,

August 1999 - 2011

Senator – Georgia State University Senate,

August 2003 – May 2008

Senate APACE Committee

August 2003 – August 2004

Senate Research Committee

August 2003 – April 2005

Senate Statutes and Bylaws Committee

August 2004 – April 2005

Senate PAC Committee

April 2005 – April 2006

Senate Faculty Affairs Committee

April 2005 – April 2006

Senate Research Committee
April 2006 – May 2008

Senate Athletics Committee
April 2006 - May 2008

Member, Search Committee,
Outdoor Director, Department of Recreation Services, Spring 2008

Representative, CPS Department Student Retention Screening Committee,
August 1998 – August 2007

Member, Search Committee
Assistant Professor, Counseling and Psychological Studies, Spring 2004

Chair, College of Education Faculty Affairs Ad Hoc Committee on Scholarship Evaluation
January 2002 – July 2003

Representative, College of Education Dissertation Review Committee
August 2001 – July 2003

Member, Search Committee,
Assistant Professor, Educational Policy Studies, Fall 2002

Representative, College of Education Faculty Affairs Committee,
November 1999 – July 2001

Representative, CPS Credit Hour Committee,
August 1998 - May 1999

At the University of Northern Iowa

Senator, College of Education Faculty Senate,
September 1994 - August 1997

Representative, College of Education Faculty Awards Committee,
August 1993 - August 1996

Departmental Representative, Information Systems and Computing Services Committee,
September 1993 - August 1994

At the Pennsylvania State University

Counseling Psychology Program Committee,
August 1991 - August 1993

Representative, College of Education Faculty Council,
August 1991 - August 1993

PROFESSIONAL MEMBERSHIPS

American Psychological Association - Division 17

American Academy of Counseling Psychology – Fellow

International Association of Play Therapy