

Undergraduate Exercise Science Information Sheet

2009-2010

Semesters when classes are scheduled to be taught:

KH 2130, 2220, 2230, 3000, 3390, 3500, 3600, 3610, 3650, 4280, 4360, 4600, 4630 and NUTR 4960 are all taught Fall, Spring and Summer

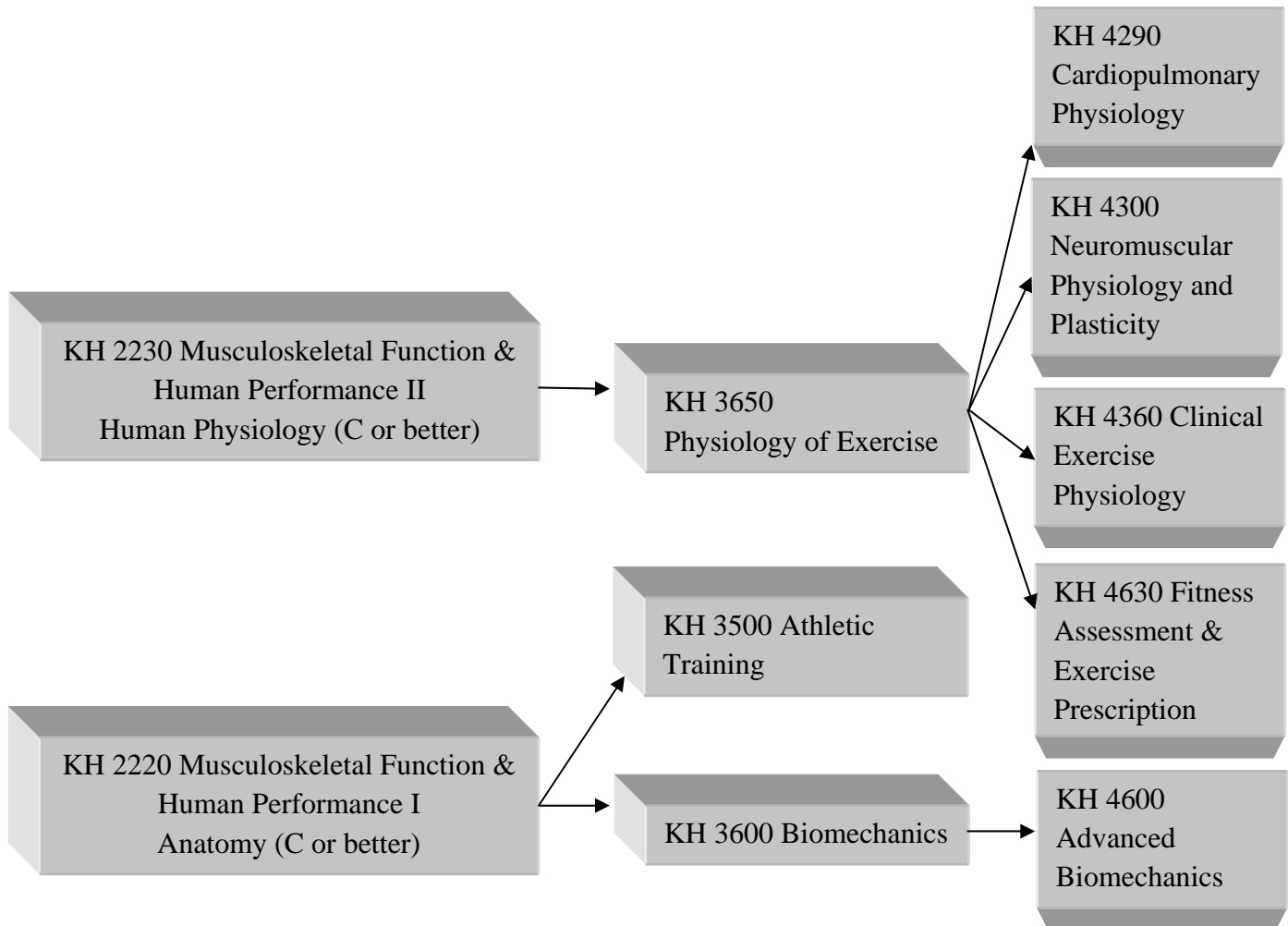
KH 3550, 4290, are taught Fall and Summer

KH 3020, 4300, and 4350 are taught Spring and Summer

KH 4750 and 4760, Internships can only be taken when all other coursework is completed and they can be done Fall, Spring or Summer

Undergraduate Exercise Science Program Flow Chart

2000 level courses should be taken before 3000 level courses and 3000 level courses should be taken before 4000 level courses



Undergraduate Exercise Science Program

Example of a planned program

This sample program is for course work appropriate to the major and major courses. These two areas include 72 of 120 hours required to earn a degree at Georgia State University. The sample schedule starts at the last semester of the sophomore year and goes through graduation. Students should have completed core requirements by this time. Thus students who have completed core requirements, make "C" or better grades and start this sample schedule spring semester could graduate in two and one-half years. Remember that full time undergraduate students take a minimum of 12 hours per semester. The sample program is set up to ensure that all prerequisites are completed in the appropriate order.

Sophomore Year Spring Semester

• KH 2220	Anatomy in Kinesiology and Health	(3)
• KH 2230	Physiology in Kinesiology and Health	(3)
• KH 2130	Introduction to the Allied Fields of Health, Physical Education, and Fitness	(3)
• BusA 2106	The Environment of Business	(3)
• EPY 2050	Human Growth and Development	(3)
• IT 2010	Introduction to Microcomputing	(3)
Total semester hours		18

Junior Year Fall Semester

• KH 3000	Personal Health and Wellness	(3)
• KH 3390	Advance First Aid and Emergency Care	(3)
• KH 3500	Athletic Training and Conditioning	(4)
• KH 3650	Physiology of Exercise	(4)
• KH 4280	Psychology of Physical Activity	(3)
Total semester hours		17

Junior Year Spring Semester

• KH 3020	Performance and Analysis Area II Fitness and Aerobics	(2)
• KH 4350	Fitness Program Management	(3)
• KH 4630	Fitness Assessment & Exercise Prescriptions	(4)
• KH 4360	Clinical Exercise Physiology	(4)
• KH 4300	Neuromuscular Physiology and Plasticity	(3)
Total Semester Hours		16

Summer Term

• KH 3550	Test, Measurement & Evaluation	(3)
• KH 3600	Biomechanics	(3)
• Elective I		(3)
Total semester hours		9

Senior Year Fall Semester

• KH 4290	Cardiopulmonary Physiology	(3)
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• KH 4600	Advanced Biomechanics for Exercise Science	(3)
• NTD 4960	Nutrition and Physical Fitness	(3)
• Elective II		(3)
Total Semester hours		12

Senior Year Spring Semester

• KH 4750	Practicum in Exercise Science I	(1)
• KH 4760	Practicum in Exercise Science II	(5)
Total Semester Hours		6

Total Hours in the sample program (not inclusive of internship hours) 72