

CPS NEWS

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SOJOURNERS: CELEBRATING OUR INTERNATIONAL STUDENTS IN THE CPS DEPARTMENT

By Natalya Edwards

The CPS department has been known for its celebration of cultural diversity; from racial/ethnic differences to sexual identity. In keeping with this spirit, we are proud to introduce Sojourners, a new organization aimed at recognizing our International students and the special role that they play within the CPS department.

The mission of Sojourners is to provide social support, advocacy and mentorship to International students within the CPS department. The organization seeks to increase awareness among CPS students, faculty, and staff of the specific issues that international students face within the American education system in general and within the counseling profession in particular.

The Sojourners organization includes International students and American advocates who aim to celebrate all cultural differences and recognize the valuable contribution that each culture brings to the CPS department and ultimately to the counseling field. The group endeavors to encourage scholarship among CPS International students and facilitate the expression of academic excellence, cross-cultural research, and multicultural competence.

Our first informal meeting was held on Friday March 25, 2005. All International students and Advocates were invited to attend. I was refreshed, encouraged and challenged

by the personal narratives of those who shared. Personal stories included struggles of being mistakenly



categorized as other ethnic/racial groups, the process of adjusting to American culture, and varying expectations of multiculturalism and religious sensitivity in the classroom. Megumi Omonishi said, "It was a great opportunity for me to know each member's path and discover the commonalities and differences. I felt much closer to each member and I liked the group atmosphere that embraces and respects diversity. I feel that Sojourners will be the place (home) where members get empowered in many aspects and I hope that it attracts more international candidates to apply for the CPS program."

It was a privilege and an honor to hear the tales of oppression and

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MESSAGE FROM THE EDITOR:

By Priti Shah

It was recently pointed out to me that not everyone can “love” what they do. This was an astonishing concept to me. Some work to live. But do we live to “work”? As counselors, educators, and advocates, we are quite fortunate to be involved in “work” that provides such personal fulfillment perhaps absent in other professions. However, are our personal and professional lives inextricably tied? Must they be? Is this what motivates great achievement? And if so, at what price? Striking a balance between our personal and professional lives, between the quest for achievement and self-care, is a challenge. In light of this, I found these words helpful:

- o *“Before you agree to do anything that might add even the smallest stress to your life, ask yourself: What is my truest intention? Give yourself time to let a yes resound within you. When it’s right, I guarantee that your entire body will feel it.” -Oprah Winfrey-*

2005-2006 UPCOMING CONFERENCES

- ***American Psychological Association (APA):***
Washington, D.C., August 18-21st, 2005
- ***National Career Development Association (NCDA)***
Hilton Walt Disney World Resort, Orlando, FL, June 22-25, 2005
www.ncda.org
- ***American School Counselor’s Association 2005 Annual Conference (ASCA)***
Disney’s Contemporary Resort, Orlando, FL, June 26-29, 2005
http://schoolcounselor.org/assoc_reg_form.asp
- ***2005 Annual Association for Counselor Education and Supervision (ACES)***
Pittsburg, PA, October 20-23, 2005
<http://www.acesonline.net/>
- ***The 5th Annual Diversity Challenge: “Making Race and Culture Work in the World of Work”***
Boston College, Boston, MA, October 21-22, 2005
diversity.challenge@bc.edu

MESSAGE FROM THE CHAIR

By Dr. Joanna White

Dear Students:

I am pleased to report to you that the CPS Department has had a successful year, and I hope that you feel that same about your learning and professional experiences this academic year. In the fall newsletter, I shared with you that the CPS Department was in the midst of an internal, university review of our programs. This review, acronym APACE, is conducted through a process at Georgia State in which our department's faculty prepare an extensive overview of our programs, curricula, student enrollment and graduation data, faculty productivity, student activities, use of resources, departmental recognition, and many other facets of our training program. **Dr. Fran Mullis** coordinated this effort, and she certainly deserves recognition and thanks from all of us.

I am happy to report that the APACE review took place in January. After preparation of the APACE report, a team of outside reviewers studied the report and then visited our campus to verify the accuracy of the report. This team was made up of university faculty from across the country in counselor education, school psychology, school counseling, counseling psychology and rehabilitation counseling. We have received their report, and it is extremely complimentary of our department, the programs, our students and the faculty. This report is now at the university level for review. Thanks to all students who attended the interview meetings with the site team in January. The faculty and I appreciate your attendance and your feedback to the team.

In reflecting on this latest review of our department, I want to recognize the importance of our Professional Counseling Program. This is the largest program in the CPS department and it is the foundation for all other programs. I appreciate the fact that even with such a large program, the training is excellent. Students in this program are prepared for work in the community through strong practicum and internship experiences at excellent sites in the metropolitan area. Thanks to **Dr. Gary Arthur**, Program Coordinator, and **Drs. Chang, Dew, Kern and Ripley** for their excellent guidance and supervision of our Professional Counseling students.

I want to recognize and thank a group of faculty and students who have brought much recognition to our department. **Dr. Barry Chung** was just elected as President Elect of the National Career Development Association, and **Dr. Brian Dew** is the newly elected President

Elect of the Association for Gay, Lesbian, and Bi-Sexual Issues in Counseling. These are both divisions of the American Counseling Association.

Danica Hays, a doctoral student in the Counselor Education and Practice Program, has been chosen the American Counseling Association's Outstanding Graduate Student, the Association for Counselor Education and Supervision Outstanding Graduate Student, and the Chi Sigma Iota Outstanding Graduate Student. Any one of these awards is an extremely impressive accomplishment. To receive all of the top three student awards at the ACA Conference is quite an accomplishment for Danica's research efforts, her professional involvement, and service. Congratulations, Danica! You make us all proud.

In addition **Telsie Davis** and **Sarah Brown** will be recognized as Chi Sigma Iota Fellows at the ACA Conference in Atlanta. Both Telsie and Sarah are doctoral students in the Counselor Education and Practice Program. They have both received this national recognition as a result of their service and professional involvement in Chi Sigma Iota. Congratulations Telsie and Sarah!

Last, but certainly not least, congratulations to **Shane Blasko, Ann Landes, Wendi Williams,** and **Dara Rampersad**. These four Counseling Psychology doctoral students have each received an offer for excellent internships. Each student received his/her first choice and will be moving to another state to complete the year-long experience. Again, this is another remarkable accomplishment for CPS students.

As you read this, I hope that you are thinking back on a positive experience at the American Counseling Association and/or the National Association of School Psychologists Conferences that were both held in Atlanta. Both conferences are a wonderful opportunity for learning and professional development. We are fortunate to have them both in Atlanta for 2005. Best wishes for a

DUAL RELATIONSHIPS IN THE COUNSELING PROFESSION

By Amanda L. Jones

A dual relationship is classified as one in which “one person simultaneously or sequentially plays two or more roles with another person” (Kolbert, Morgan, & Brendel, 2002, p. 194). Dual relationships are often considered unethical because they increase the potential for exploitation of the client and impaired objectivity of the counselor. The issue of dual relationships between professionals and clients is a complex one, in that they are not always considered to be damaging, and may sometimes be beneficial to the therapeutic relationship. Multiple relationships are not always considered harmful if they do not cause impairment or harm to either party (Lamb, Catanzaro, & Moorman, 2004). Under certain circumstances, a multiple relationship may be unavoidable, inadvertent, and even constructive (Lamb et al., 2004). While traditionally it may be wise to avoid multiple relationships with clients, this may not always be feasible, or the best option for the well-being of the client. Counselors must always ask themselves, ‘what is in the best interest of the client’. Dual relationships are common in therapeutic settings and occur in various circumstances including friendships, mentoring, financial interactions, and romantic relationships and may be evaluated for potential harm within these contexts (Nigro, 2003).

Existing Friendships

It is common for people to seek the help of a social contact; they may feel it is easier to share with someone they know. While this is understandable, it can sometimes lead to explosive effects. A prime example is counseling someone after having shared a romantic relationship. This can be damaging to the objectiveness of the therapeutic relationship due to intimate involvement with this person (Hoffman, 1995). Unresolved issues from the past have potential to arise during therapy sessions. Counseling co-workers may also be an issue. While it is important to consult with colleagues, consultation should not turn into personal therapy. When counseling multiple peers at one time there is a risk of inquiry concerning discussions with other colleagues.

As a counselor it may be difficult to be objec-

can also lead to problems (Craig, 1991). For example, a counselor may start out with one client, and realize it is necessary to involve other members of the family, or a parent may become overly curious about sessions with their child. Certain laws protect a child’s right to confidentiality; however, if the child is a minor, parents are legally able to view notes taken during therapy sessions. There are ambiguous boundaries concerning confidentiality and minors. During times of crises, divulgence of information may become necessary. For example, if the child is suspected of doing harm to themselves or others or in the case of abortion, counselors are required to notify parents so that proper precautions may be taken.

Developing Friendships

Developing a dual or multiple relationships with a client occurs when a relationship grows beyond simple client/counselor status. Therapists may encounter people during their counseling sessions they have a great deal in common with. At the end of therapy, it may be tempting to wish to see them outside of a therapeutic context in a more social manner. However, it is important to remain professional and try to avoid developing these sorts of friendships.

Of course the most serious dual relationship is a romantic one. This is a universal taboo which all counselors are aware is strictly forbidden; yet it is nonetheless the cause of many painful lawsuits (Hoffman, 1995). Counselors have an obligation to become informed and aware of issues relating to romantic dual relationships. At no time is it acceptable to become romantically involved with clients (Hoffman, 1995). Informed consent at the intake session should clearly cover the acceptable boundaries of the client/counselor relationship. Lamb, Catanzaro, and Moorman (2004) stated that therapists must be aware of the first cues of attraction, avoid reinforcing or reciprocating those cues, and be prepared to respond to romantic overtures in a clear, unambiguous, and professional approach. Any content concerning sexual feelings must be adequately documented and consultation with a colleague may be necessary.

DUAL RELATIONSHIPS IN THE COUNSELING PROFESSION

(Con't from p. 4)

dual relationship. However, due to an unavoidable power differential between student and faculty, there is an opportunity for harm. When faculty members become sociable with students, they run the risk of creating resentment in classmates over perceived favoritism, preferential treatment, or unfair grading. Students may at times be offered employment by a faculty member, creating an inherent inequality when one is seeking a service from another in a position of authority (Kolbert et al., 2002). Students may have more ambiguous views concerning appropriateness (Nigro, 2003). Ultimately, the faculty member is accountable for deciding how much and what type of interaction with students is suitable. Kolbert et al. (2002) clarified by stating "because of their greater power over students, faculty must assume responsibility for making decisions about the appropriateness of specific interactions" (p. 193). While mentoring is meant to be a positive experience necessary for professional growth, it must be a priority for faculty members and students to avoid overstepping boundaries.

Pastoral Counseling

Dual relationships may be easily formed in churches and related religious institutions. There is a high level of intimacy involved in a religious context of therapy, and it may become easy for developing multiple levels of a relationship between clergy and congregation members (Craig, 1991). Clergy may be counseling multiple family members and friends at a time, which leads to ethical questions of confidentiality and responsibility. Counselors may become aware of personal and family crises indirectly by members who express con-

Mentoring

Mentoring is a professional growth experience for students, and is generally not perceived as a problematic even be disregarded in order to promote a positive public image (Craig, 1991). A pastor may not be able to put their own biases aside in controversial situations and risk judgment of the client. Another potential problem is a clergy member that may encourage their clients to convert, attend services, make donations, or become program leaders; at this point the focus of the counseling sessions have been lost and a new agenda has been formed. Private practice pastoral counselors may feel safer due to stricter rules and more refined boundaries. In this setting it may be easier to develop healthy intimacy with clients without the blurring of boundaries (Craig, 1991).

Rural Settings

When counseling in a rural area, proximity plays a great role (Younggren & Gottlieb, 2004). There may be only one counselor for an entire town; it is difficult to assign boundaries in a rural context (Woody, 1998). Typically, it is not good practice to see clients socially for coffee, dinner, or a graduation. However, in a rural setting, this may be more commonplace and acceptable. It may be in bad taste to refuse an occasional invitation (Younggren & Gottlieb, 2004). It may also be in bad taste to refuse gifts from clients. In certain cultures, gift giving may be an important part of the belief system. Therapists must not only take the social context into consideration, but also the cultural context when dealing with multiple relationships.



The issue of dual relationships between professionals and clients is a complex one, in that they are not always considered to be damaging, and may sometimes be beneficial to the therapeutic relationship.

DUAL RELATIONSHIPS IN THE COUNSELING PROFESSION

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Bartering

Bartering can be described as the exchange of goods or services for professional services (Woody, 1998).

(Con't on p. 6)

Bartering is an ill-advised practice as it exposes the professional to potential problems of dual relationships such as conflict, exploitation, and distortion of the relationship between client and counselor (Woody, 1998). There already exists a power differential between client and therapist; bartering may only escalate this difference and diminish the quality of the relationship, which is so important for successful therapy. Even if the exchange is in the best interest of the client, the professional is ultimately liable for any negative consequences. Ultimately, bartering should be considered as a last resort after all other options have been exhausted including pro bono services (Woody, 1998).

Preventing Dual Relationships

When a dual relationship threatens to become problematic, it may become necessary for referral or termination of therapy. It is the responsibility of the therapist to recognize when a relationship is no longer professional and may have detrimental effects. When problems occur, they must be adequately documented (Younggren & Gottlieb, 2004). If it is determined that referral or termination is necessary, the counselor will discuss this with the client and include them in the process of referral or termination.

Dual relationships can be prevented by building networks of accountability in both private practice and institutional settings. Consultation and supervision are vital, especially with inexperienced therapists (Younggren & Gottlieb, 2004). Counselors must advocate for education of the public to communicate the risks associated with developing dual relationships. One such example is distributing public education-oriented materials that deal with the consequences of dual relationships and encouraging abuse reports by

aim to foster nurturing interpersonal relationships with clients with clear boundaries that are set by both client and counselor at the intake session. While some dual relationships may not be harmful to the therapeutic relationship, professionals are obligated to anticipate risks and make every effort to avoid, minimize, and manage them (Younggren & Gottlieb, 2004).

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A MESSAGE FROM LPCA SAO: 'TIS THE SEASON FOR INTERNSHIP

By Natalya Edwards, LPCA SAO President

Earlier this semester, CSI hosted a very successful career fair which served to bring the counseling community to the doors of CPS hopefuls. This was an opportunity for networking, collaboration, and exploring the internship scene. As a follow-up to this event, LPCA SAO decided to host two internship panels. There were no banners, calling cards, or flyers; only open, honest discussion about the unspoken rules of the internship game.

The panelists were students from the CPS department at various stages of the internship process. Some had already completed their stint and hoped to pass on gained wisdom. "I wish I knew then what I know now", said Jill Townsend. Incidentally, Jill has been gracious enough to manage an information exchange through e-mail. This will enable CPS students

to gain peer support and pass on time management skills and smart tips for making it through.

Other panelists were in the midst of the grind and cautioned attendees about the importance of maintaining accurate and detailed documents, carrying a light course load in the fall semester and communicating effectively with co-workers and supervisors. One panelist also noted the emotional toll that internship takes. "Exercise self-care, have love in your life and play", she said.

It was very encouraging to see CPS students come out in numbers. Participants were enthusiastic about the internship process although some harbored fears of not getting "the right site". As we closed the second panel discussion, I encouraged students to be aware that they have much to offer prospective sites. In the



"LCPA SAO builds a bridge between the world of the student counselor and the reality of the counseling field..."

2005-2006 UPCOMING CONFERENCES

(Con't from p. 2)

- ***National Association of School Psychology 2006 Annual Convention (NASP)***
"Prevention is an Intervention"
Anaheim, CA, March 28-April 1, 2006
Call for Proposals: July 1st, 2005 for workshops & presentations
www.naspweb.org
- ***Assessment in Counseling and Education's (AACE) 2005 National Assessment Conference***
The University of Georgia, Athens, GA, September 22-23, 2005
Call for Proposals: Presentations, posters, workshops July 1st, 2005
- ***American College Counseling Association 3rd National Conference (ACCA)***
Exploring New Frontiers in College Counseling

CHI SIGMA IOTA HAPPENINGS: PROFESSIONAL EXCELLENCE IN 2004-2005

By Danica Hays, CSI President

The Chi Epsilon Chapter of Chi Sigma Iota (CSI) has modeled excellence this academic year in several ways. Congratulations to Telsie Davis (President-Elect) and Sarah Brown (Fundraising Co-Chair) for their selection as **CSI Fellows** for the 2005-2006 year. This national recognition is given to only eight CSI members each year. As part of this award, Telsie and Sarah will participate in a professional development day at the American Counseling Association Annual Conference in April 2005. This training will prepare them for future leadership in Chi Epsilon.



The mission of Chi Epsilon this academic year involved promoting community and professional and social advocacy. To date, our chapter has attended to this mission in various ways: hosted a Fall Welcome in September; offered three 1-hour Learning Events; coordinated two community service projects; collaborated with the Adlerian Society of Atlanta to bring Dr. Don Dinkmeyer Jr., a nationally recognized parenting expert, to GSU for an all-day workshop in September; co-hosted a Day of Learning with GSUAGLBIC; and created a chapter newsletter available online through the CPS departmental web page. I encourage you to view the newsletter for more detailed information regarding CSI, including upcoming events.

What is Chi Sigma Iota?

CSI is the international honor society for counselors in training, counselor educators, and professional counselors. The society was established in 1985 through the efforts of leaders in the counseling profession who wanted to recognize scholarship and service within the profession of counseling. Dr. JoAnna White established the Chi Epsilon

chapter of CSI at Georgia State University in 1992. Its mission is to promote and recognize scholarship, professionalism, leadership, and excellence in the field of counseling.

Membership and Leadership

There are many benefits of active involvement in the chapter, including: community and fellowship through socials, a mentoring program, and departmental and international newsletters; professional development through networking, annual convention meetings, and lunch and learn events; recognition via chapter and international awards and a membership certificate; and leadership development through chapter committee and interest network involvement. To join CSI, go to the CSI website (www.csi-net.org) and click on the menu option, "Membership- Application". After joining internationally, Dr. Chang, chapter co-advisor, will contact you regarding local dues and transcript verification. Additionally, members are encouraged to join our listserv at CSIGSU-subscribe@yahoogleroups.com.

Members of the Chi Epsilon chapter may become involved in various committees. These include the Professional Development/Events, Awards and Nominations, Membership, Fundraising, Community Service, Mentoring, and Newsletter committees. Further, members can sign up for the research interest network, an effort to promote collaborative research among students, including work on faculty projects.

2005-2006 Leadership

As I say goodbye to such a wonderful chapter with strong leadership over the past few years, I am excited about the executive leadership for the 2005-2006 academic year. The Chi Epsilon Executive Council for the 2005-2006 year are Telsie Davis (President), Geneva Gray (President Elect), Steven Band (Secretary), Joffrey Suprina (Treasurer). If you would like to serve on a committee for the upcoming academic year, please

CHI SIGMA IOTA HAPPENINGS: PROFESSIONAL EXCELLENCE IN 2004-2005

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Spring 2005 Events:

Here are some CSI events for Spring 2005. The Spring 2005 edition of the chapter newsletter will be available online in December to provide more detailed information about these events.

CSI Learning Event	January 24	7pm
Career Night Social	January 27	6-8pm
Membership Deadline	February 1	
CSI-AGLBIC Day of Learning	February 4	
Community Service Project	March	
CSI Learning Event	March 22	12pm
CSI Initiation Ceremony	April	11-2pm
Counselor Awareness Month	April	

CPS –AGLBIC

THE CSI-AGLBIC DAY OF LEARNING: A DAY OF EDUCATION, ENERGY, EMPOWERMENT AND EMOTION

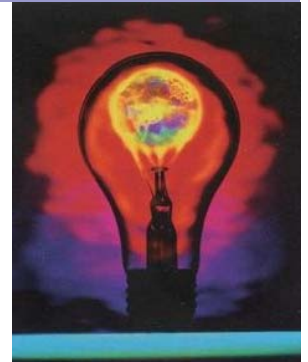
By Joffrey S. Suprina & Kathryn S. Newton

The first *CSI/AGLBIC Day of Learning: GLBTQI Issues in Counseling* (DOL) was a day full of education, energy, empowerment and emotion.

Education: We expected the educational value. We knew the knowledge and expertise represented in the many presenters. With students and professors from 5 different universities and participants representing 7 community agencies there was a beneficial diversity of knowledge and perspectives. As one participant commented, a “nice blend of theory and practice, and personal, professional, institutional, and community perspectives.”

Energy: We had first hand knowledge of the energy that had been invested in the planning and implementation of the event so we weren't surprised at the energy manifested by the event. It was noted as an “overall uplifting and positive experience” that “exceeded many “professional” conferences.”

Empowerment: We weren't even surprised at the feelings of empowerment that many felt at the end of the day when this advocacy event was successfully completed. “Very powerful. Please make it a yearly event.” “Awesome...hit home hard.”



CPS –AGLBIC

THE CSI-AGLBIC DAY OF LEARNING: A DAY OF EDUCATION, ENERGY, EMPOWERMENT AND EMOTION

(Con't from p. 9)

“Touching and informative”

“It was especially poignant to have people share their own stories...It really touched my soul”

“...Not saying and not acting is contributing to the discrimination and ignorance about issues faced by GLBT individuals.”

Emotion: What caught us and many participants off guard was the amount of sincere, heart-felt emotion that was shared throughout the day. Several participants (us included) were moved to tears. Others said it was “Touching and informative.” They praised the afternoon panels who shared their personal stories. “It was especially poignant to have people share their own stories....It really touched my soul.”

Our own Dr. Brain Dew set the stage with a heart-felt Keynote address sharing his personal stories and the challenges facing the GLBTQI client. This was followed by:

- 5 Formal Presentations in two tracks (Youth and Adult) involving 20 presenters
 - Rainbow Brigade
 - School Community Service Providers’ Perspectives on Bullying toward GLBTQI Youth
 - Indian Youths’ Perspective on High Risk Behaviors, Homosexuality, and HIV/AIDS
 - Individual Psychology’s Task of Life and the LGBT Style of Life
 - Addressing the Needs of Lesbians in Substance Abuse
- 2 Panel Presentations involving 14 Presenters:
 - Heterosexual Allies: Rewards of GLBT Advocacy
 - Religion and GLBTQI Persons: A Panel Discussion
- 12 Poster sessions by 21 Presenters

For those that missed the conference, we video-taped the sessions and we are collecting a resource library that includes the handouts for each presentation. Check with CPS-AGLBIC for access to those materials.

Considered by some to be long overdue, the DOL successfully initiated new understanding about the issues facing GLBTQI persons and promoted advocacy by those in the helping profession. The general consensus was “I’ve wanted to be more informed and wondered what I could do to make a difference. After today, I not only know *what* to do, I also know I can’t *not* act. Not saying and not acting is contributing to the discrimination and ignorance about issues faced by GLBT individuals.”

Thanks to the many organizers, presenters, volunteers and participants for a terrific event. Keep up the advocacy. We look forward to hearing your story

2005 ANNUAL MENTORING AWARDS

Each year the CPS Department calls for nominations for the Annual Mentoring Awards, recognizing one full-time faculty member and one graduate student for their commitment and effectiveness in mentoring students' professional and personal development in program planning, professional identity, career planning, appreciation for diversity, research, involvement in professional organizations, counseling skills, ethical and collegial behavior, collegial relationships, and balancing personal and professional roles and tasks.

This year students of the CPS Department recognized **Dr. Joanna White** and **Tamba-Kuui Bailey** as Faculty and Peer Mentors, respectively. Dr. White and Tamba-Kuui will receive mentoring awards at the College of Education Honors Day. CPS students also nominated and recognized the following faculty and graduate students for their commitment to mentoring and student development.

- Faculty Nominees: Roy Kern, Joel Meyers, Christine Seigel, Julie Ancis, Brian Dew, Barry Chung, Ken Matheny
- Peer Nominees: Diane Levy, Jana Ladner, Debbie Berens, Danica Hays, Sarah Brown, Pam Wright, Geneva Gray


The following are student quotes recognizing the efforts of elected faculty and peermentors:

- Faculty Mentor: Dr. Joanna White
 - o *"Dr. White models excellence for students and faculty."*
 - o *"She believes in the quality of students, and no matter how hectic her schedule is, makes it a point to smile and say hello to everyone. She is such a positive influence or students, faculty, and staff."*
 - o *"She is always willing to help students, give advice, and encourage each of us to reach our goals."*
 - o *"She is always willing to take time to listen to students and she is committed to the development of CPS programs being top-notch. Dr. White has personally been a wonderful source of support and inspiration for me as a student."*
- Peer Mentor: Tamba-Kuui Bailey
 - o *"Tamba-kuui has been not only a wealth of knowledge and information, but an emotional support as well."*
 - o *"He fosters community within the program."*



ENJOYING STUDENT LIFE IN ATLANTA

By Negar Fani

It's not often that you will find yourself in between classes and work, or feeling comfortable spending your lunch hour eating lunch instead of doing a lit review. As a Masters, Ed.S or Ph.D. student here at CPS, you might find yourself challenged when confronted with the question, "So how do you spend your spare time?" Sounds sad, I know...but believe me, you have company. Since you will in fact need to answer that question during your career interviews, you should give it some thought. And before you begin to make excuses for your lack of social activity, take an existential moment and ponder the meaning of your life. For those of you who daydream of the good old days of trivia night Wednesdays and Saturday nights out -it can happen again. With a little time management, some understanding (see: "accommodating") friends/partners and a little magic, you may find a healthy morsel of time in which you are faced with the cornucopia of outing delights that Atlanta has to offer. Or you just may need to eat. Whatever the case may be, here are  some of my suggestions for you to enjoy around town:

Culture:

Atlanta Opera Company has 3 to 4 productions a year, and student tickets are a mere \$35. Check out the website: <http://www.atlantaopera.org/> for details.

Woodruff Arts Center contains the Alliance Theater, Atlanta Symphony Orchestra, High Museum of Art, and 14th Street Playhouse. The center has a diverse collection of artwork, special exhibits, movie festivals and assorted other events. Go to the website: <http://www.woodruffcenter.org/wac>

Fernbank Museum of Natural History: go for the amazing prehistorical exhibits or just IMAX and martinis on Friday nights. <http://www.fernbank.edu/museum/>

Buckhead Backlot Cinema has a full-service restaurant right there in the movie theater. Visit 3340 Peachtree Road or call (404) 467-9611 for movie listings.

The Shakespeare Tavern cast act out the master's best Thursdays-Sundays, with student matinees most Tuesdays at Wednesdays. They also serve food and drinks during the show. <http://www.shakespearetavern.com>

For great improv and stand-up comedy, try **Dad's Garage Theater Company** (404) 523-3141, **The Punchline** (404) 252-LAFF or **The Funny Farm:** (404) 467-4242

Eddie's Attic in Decatur (404) 377-4976: The music is eclectic, local, and usually pretty good.

Restaurants:

For good eats, from cheap to not so cheap:

Fellini's Pizza: Either by the slice or the pie, you can't go wrong with this Atlanta staple.

Figgo: pick your pasta, sauce, and any additions and it will be out to you in a minute.

Doc Chey's: Good, Americanized, fast Thai food that will not break your wallet.

La Fonda Latina: It's Spanish for fast food, but it's actually cooked to order. You'll find the best Cuban sandwiches, quesadillas, arroz con pollo, and other Spanish dishes under \$10.

The Flying Biscuit: has creative and delicious breakfast food, in addition to lunch and dinner. Of course, their signature cream biscuits are well worth the calories.

Harry and Sons: has amazing and decently priced Thai food and sushi. The super crunch roll is killer.

ENJOYING STUDENT LIFE IN ATLANTA

(Cont'd from p. 12)

The Cheesecake Factory: Go there with a good amount of patience along with a healthy appetite...the portions are enormous. The novel-length menu is daunting, but you may find yourself developing a sudden newfound interest in white truffle cheesecake!

Mirage cuisine: It's self-serving, but you may fall in love with the aromatic and delicately spiced Persian stews, rice dishes and kabobs.

The Grape: For you Vinings folks, you might find it offers more than just good wine.

One Midtown Kitchen: Is a little more pricey, but you and your date may find the conversation flowing easily over artfully prepared food and twilight-like ambiance. Make a reservation though, because the place is packed on any given weeknight.

For good **pubs** with food that rivals its drinks:

The Righteous Room has creative bar fare in addition to decently priced drinks.

Hand in Hand has a great selection of Brit pub food and drinks.



Brick Store Pub in Decatur has an unbelievably long beer list.

For **coffee** that is not Starbucks or Caribou, plus or minus philosophical conversation:

Javaology: Right up the street on Edgewood, it's one of the few places that serves flavored drip coffee...in addition to pastries and sandwiches in the afternoon. The space is small but it's good if you've an hour or so between classes.

Après Diem Cafe: Go there any night of the week and you will find it packed like a club, but don't let the metrosexual crowd fool you...the coffee and food here is excellent, especially the delicious pastries.

Java Monkey: Tucked away quietly in the heart of Decatur, this little gem brings in free trade and organic coffees. There's open mic poetry on Sunday nights and wine -tasting on Wednesdays, and often live music as well. The couches are old, the art is interesting and the people are unpretentious. I'd live there if I could.

Café Intermezzo: The atmosphere has changed a lot over time, but you may find that this little European-style café has a lot to offer in ambiance and pastries. A "tour guide" is always on watch to give you a good description of any one of their lovely cakes, pies and tortes. An optimal date spot, but usually packed on weekends.

Enjoy your summers!

ANNOUNCEMENTS AND ACCOLADES

(Con't from p. 13)



ANNOUNCEMENTS & AWARDS

Tamba-Kuui Bailey receives the Association for Assessment in Counseling and Education 2005 Donald Hood Graduate Student Research Grant Award. In addition to a cash award for his research on developing a measure of internalized racial oppression, he will be honored at AACE's breakfast at the American Counseling Association Annual Convention on 4/9, and he is invited to serve on the AACE awards committee and to submit his manuscript to AACE's journal, *Measurement and Evaluation in Counseling and Development*.

Debbie Berens has been named Editor of the *Journal of Life Care Planning* effective January 2005, after serving as an Associate Editor for the past three (3) years.

Sarah Brown will be recognized as Chi Sigma Iota Fellows at the ACA Conference in Atlanta.

Dr. Barry Chung was elected President-Elect of the National Career Development Association.

Telsie Davis will be recognized as Chi Sigma Iota Fellows at the ACA Conference in Atlanta.

Dr. Brian Dew was elected President-Elect of the Association for Gay, Lesbian, and Bisexual Issues in Counseling.

Dr. Brian Dew serves as a Member, Board of Directors, Society for the Advancement of Sexual Health, 2005- Present

Dr. Brian Dew serves as the Chair, Technical Advisory Group on Addictions, Youth Pride, Atlanta, GA. 2005- Present.

Dr. Brian Dew is the Official Event Organizer, Inaugural Atlanta Summit on Methamphetamine and the Gay Male Community, 2005.

Anneliese Singh receives the Association for Gay, Lesbian, and Bisexual Issues in Counseling 2005 Graduate Student Award.

Joffrey Suprina received the Outstanding Service to the Chapter Award, Chi Sigma Iota, Chi Epsilon Chapter Presentations.

PRESENTATIONS

Berens, B. (2005, April). *PEEDS-RAPEL©: A Case Conceptualization Model for Evaluating Pediatric Cases*. Poster session presented at the annual meeting of the International Association of Rehabilitation Professionals, Orlando, FL.

Bremner, J. D., Fani, N., Ashraf, A. et al. (2004, November). *Effects of Isotretinoin on brain function in acne patients*. Poster presented at the annual Society for Neuroscience Conference, San Diego, CA.

Dew, B., & Varjas, K. (2005). *Counseling with gay, lesbian, bisexual and transgendered clients: A two-day learning institute*. Presented at the American Counseling Association European Branch, Speyer, Germany.

Dew, B., & Marszalek, J. (Accepted, 2005). *Chemical dependency and the GLBT client: Implications for the counseling profession*. Presented at the annual meeting of the International American Counseling Association Conference. Atlanta, GA.

Dew, B., Larson, K., & Varjas, K. (Accepted, 2005). *Keeping GLBTQI students safe in schools*. Presented at the annual meeting of the International American Counseling Association Conference. Atlanta, GA.

Dew, B. (2005). *Empowering in disempowering times: Effective counseling tools in working with gay, lesbian, bisexual, and transgendered individuals*. Keynote address given at Georgia State University's AGLBIC-CSI Inaugural Day of Learning, Atlanta, GA.

Edwards, D., & Mullis, F. (2005, March). *The efficacy of classroom meetings for today's schools*. Paper presented at the annual meeting of the American Counseling Association, Atlanta, GA.

Graybill, E., Marshall, M., Singh, A., Mahan, W., Harrison, P., Larson, K., Varjas, K., Dew, B., & Meyers, J. *School community service providers' perspectives on bullying toward GLBTQI youth*. Presented at Georgia State University's AGLBIC -CSI Inaugural Day of Learning, Atlanta, GA.

Grogg, K.R. & Grogg, K.A. (2005, March). *Katie Maegen & Piper Kaley: An exploratory study of the effect of identical twin girls on parents' hearts and sanity*. Presentation at Piedmont Hospital, March 17, 2005. Available online at

<http://www2.caringbridge.org/ga/2grogg.punks/>

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ANNOUNCEMENTS AND ACCOLADES

(Cont'd from p. 14)

- Jones, Karin.** (2005, April). *Tending to the traumatized client: Guidelines for creating a safe and beneficial environment for the client in crisis*. Poster session presented at the annual meeting of the American Counseling Association, Atlanta, GA.
- Newton, K. & **Berens, D.** (2005, April). *Connecting the Dots: Breakthroughs in Brain Research and the Use of Meditation as a Strategic Tool for Substance Abuse Treatment*. Presented at the annual meeting of the American Counseling Association, Atlanta, GA.
- Newton, K., Singh, A., **Suprina, J.S.** & Chaney, M. (2004). *Hidden resources: Counselor education alliances and student and community LGBTQI organizations*. Workshop presented at the annual meeting of the Southeastern Association of Counselor Education and Supervision (SACES) – Regional Conference, Athens, GA.
- Ojelade, I.** (2004, October). *Group dynamics*. Presentation conducted at the Annual Georgia State University Leadership Conclave, Atlanta, GA.
- Ojelade, I.**, & Kelch-Oliver, K. (2005, January). *Systematic training for effective parenting*. Workshop presented at Renaissance Montessori School, Atlanta, GA.
- Ojelade, I.** (2005, February). *Would I follow me*. Presented at the Leadership Academy for Women, Georgia State University, Atlanta, GA.
- Ojelade, I.** (2005, March). *The history of breast and bottle-feeding in America*. Presented at the 22nd Annual Conference of the Association for the Study of Classical African Civilizations, Benedict College, Columbia, SC.
- Ojelade, I.** (2005, March). *Using experiential education within the group therapy experience*. Presentation to be presented at CPS 6450 Group Counseling Theory, Georgia State University, Atlanta, GA.
- Phillips, M. J.** (2005, April). *Turning points in parents' adjustment to having a gay son or lesbian daughter*. Educational session presented at the annual meeting of the American Counseling Association, Atlanta, GA.
- Suprina, J. S.**, Comsudes, M. T., Ogletree, S. L., Newton, K. S., Foley, Y. C., Smith, D. E., & Bhagavati, S. (2005). *Mind/Body integration: Incorporating time tested holistic systems into your modern counseling practice*. Presented at the annual meeting of the American Counseling Association, Atlanta, GA.
- Suprina, J.S.** & Lingle, J. (2005). *Adlerian Life Tasks and Sexual Minorities: Theoretical Concepts and Their Expression for Gay Recovering Alcoholics*. Presented at the annual meeting of the Florida Adlerian Society, Tampa, FL.
- Suprina, J. S.** & Lingle, J. (2005). *Theoretical Concepts of the Adlerian Life tasks and Their Expression for Gay Recovering Alcoholics*. Workshop presented at the Licensed Professional Counselor Association (LPCA) of Georgia - State Conference, Peachtree City, GA.
- Suprina, J. S.**, Swenson, E., Gibeling, B., Glaser, C., Josh, R. & Thigpen, M. (2005). *Religion and LGBTQI persons: An issue for our times*. Panel presentation at Georgia State University's AGL-BIC-CSI Inaugural Day of Learning, Atlanta, GA.
- Suprina, J.S.** (2005) *Test Your Knowledge: GLBT History and Famous People*. Poster presented at Georgia State University's AGL-BIC-CSI Inaugural Day of Learning, Atlanta, GA.

PUBLICATIONS

- Bremner, J. D., **Fani, N.**, Ashraf, A. et al. (in press). Effects of Isotretinoin on brain function in acne patients. *American Journal of Psychiatry*.
- Bremner, J. D., **Fani, N.**, Cheema, F. et al. (in review). Effects of a cognitive stress challenge on myocardial perfusion and plasma cortisol in coronary heart disease patients with and without a history of depression and psychological trauma. *Psychosomatic Medicine*.
- Dew, B.J.**, Myers, J.E., & Wightman, L.F. (in press). Wellness in adult gay males: Examining the impact of internalized homophobia, self-disclosure, and self-disclosure to parents. *Journal of GLBT Issues in Counseling*.
- Dew, B.J.**, & Chaney, M. (in press). The relationship among sexual compulsivity, internalized homophobia, and HIV at-risk sexual behavior in gay and bisexual male users of internet chat rooms. *Journal of Sexual Addiction and Compulsivity*.
- Dew, B.J.**, Newton, K., & Sterk, C. (2005). Metropolitan Atlanta drug use trends. In the *National Institute of Drug Abuse's Epidemiologic Trends in Drug Abuse*. U.S. Department of Health and Human Services: National Institutes of Health.
- Suprina, J. S.** & Chang, C. Y. (2005). Child abuse, society and Individual Psychology: What's power got to do with it? *The Journal of Individual Psychology*, 61(3).
- Weed, R.** & Berens, D. (2005). Basics of Burn Injury for Case Management and Life Care Planning. *Lippincott's Case Management*, 10(1), 22-29.
- Weed, R.** (2005). Pain hurts. *Journal of Life Care Planning* (3)4, 219-224. (Also special issue editor)

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