

Play Therapy Training Institute



Department of Counseling and Psychological Services

Georgia State University  COLLEGE OF EDUCATION

Presents

Dr. Linda Homeyer, LPC, RPT-S

Sandtray Therapy: Making Therapeutic Connections

Friday, June 6, 2008

9 AM – 4 PM

**The Georgia State University Student Center
Court Salon**

Brief Description of Training

When to choose it. When to use it. How to set it up. This presentation will provide information, insight, and experience in using sandtray therapy in a variety of settings and with various types of clients. The day will begin with how to set-up sandtray therapy: selection of miniatures and use of various sandtrays. Next, guidelines to conduct sessions and how to document sessions. Want to know the latest research? A summary of the last decade of sandtray therapy research is included. Working with families and groups? Yes, this too will be reviewed. Throughout the day experiential activities will provide personal insight into professional uses. These areas and more will be covered in this daylong workshop. Come to learn, come to experience, come to enjoy.

Presenter Information - Linda E. Homeyer, Ph.D., LPC, RPT-S



Dr. Homeyer is a Professor in the Professional Counseling Program. She serves the program as the Graduate Advisor and Program Coordinator. Dr. Homeyer is proud to be involved with the growing, vital, and prominent program, working with a dedicated set of colleagues, and mentoring students on their professional journey. She has worked as a professional actress, but it was her work as an investigator of child abuse that led her to her interest in counseling children. An advocate for children and play therapy, she participates extensively in service, teaching, and

writing. Dr. Homeyer served several years on the Texas Association for Play Therapy Board of Directors and is currently serving a second term as President of the Association for Play Therapy Board of Directors.

Dr. Homeyer is spending a great deal of time traveling the globe. In Malaysia she is assisting a core group to develop play therapy in their country. She finds teaching and sharing with Christian, Moslem and Buddhist mental health professionals challenging and delightful. In India she is part of a team that is developing and implementing a pastoral counseling track at India Bible College and Seminary. *"I have a second set of graduate students in Kerala, India. It is exciting to develop an entire program, including curriculum, in a country with such great needs,"* shared Dr. Homeyer. Dr. Homeyer has also taught in South Africa, Australia, Mexico, Canada, and even on a cruise ship!

Dr. Homeyer co-authored *Sandtray: A Practical Manual; The Handbook of Group Play Therapy; Play Therapy Interventions with Children's Problems;* and *The World of Play Therapy Literature*, as well as many book chapters and journal articles. Her work has been translated into Chinese, Russian, Korean, and Spanish. Her current areas of interest include exploring and researching the transferability of American counselor education (specifically play therapy) to international sites, with particular emphasis on cross-cultural and meta-cultural issues.

Intended Audience

School counselors, licensed professional counselors, marriage and family therapists, nurses, play therapists, social workers, psychologists, child life specialists, alcoholism and drug abuse counselors, art therapists, and pastoral counselors. There is no prerequisite for this workshop.

Session Ranking

This event is applicable to professionals of all skill levels

Schedule/Agenda

8:15-9:00 Registration

9:00-12:00 Presentation (15 minute break at 10:30)

- Experiential Activity: Focusing
- Sandtray: History, Definition
- Why Use Sandtray? Advantages of Sandtray
- Materials
 - Sandtrays (various types)
 - Miniatures (categories & arranging)
- Setting up the Sandtray Room
- Conducting a Session
 - Nondirective vs. Directive Trays
 - Evaluating Organization
 - Processing the Content
- Experiential: Working in Dyads
- Session Documentation

12:00-1:00 Lunch (on your own)**

1:00-4:00 Presentation (15 minute break at 2:30)

- Other Uses for Miniatures
 - Experiential activity: Play Genograms
- Using sandtray with groups
 - Same age groups
 - Families
- Understanding Group Sandtray
- Experiential Activity: Group Sandtray

**Information on local eateries at or near Georgia State University will be provided at the workshop.

Learning Objectives

1. Define sandtray therapy and cite its origins
2. Cite the development of sandtray therapy within the context of the play therapy movement
3. Identify how to set up a clinical space, both materials and therapeutically
4. List categories of miniatures and discuss issues regarding their selection
5. Identify the parallel process of client and therapist perspectives
6. Describe the use of sandtray therapy with groups

Costs/Registration Fees/What Fees Include

Workshop fee for professionals \$90.00

Workshop fee for current students \$45.00

**Continuing Education Credit fee (optional) \$20.00

** If you are participating in the workshop to earn credits for professional license renewal or RPT/RPT-S credentialing (initial or renewal), you must include the continuing education credit fee in your payment.

Cancellation/Refund Policy

Cancellations must be received in writing seven days prior to the conference to receive a refund, and are subject to a \$25.00 processing fee. No refunds will be made after Friday, May 30, 2008.

Number of Continuing Education Contact Hours Offered

6.00 contact hours

Continuing Education

Continuing education credit for this event is sponsored by *The Institute for Continuing Education*. The program offers 6.00 contact hours. Credit is awarded on a daily basis, with full attendance required. Application forms will be available on site. The processing fee is \$20.00 per person, and may be paid with registration fee. CE processing fee may also be paid on site. Application forms for CE credit will be available on site. For questions regarding continuing education, please contact *The Institute* at: 251-990-5030; FAX: 251-990-2665.

Psychology: This activity is co-sponsored by The Institute for Play Therapy and The Institute for Continuing Education. The Institute for Continuing Education is an organization approved by the American psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT: The Institute for Continuing Education is an NBCC approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

Social Work: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

Drug-Alcohol: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors. NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses should contact their state board to determine if credit issued through an approved provider of the CA Board of Nursing is acceptable for credit by their state board.

Play Therapy: The Institute for Continuing Education is approved by the Association for Play Therapy to offer continuing education specific to play therapy. APT Provider No. 98-040.

Notice of Events Not Offered for Continuing Education Credit

No additional events will be offered.

ADA Accommodations Statement

Accommodations will be made in accordance with the law. If you require ADA accommodations please contact Dr. Lauren Wynne (404-413-8189) at least two weeks before the conference date so arrangements can be made.

PLAY THERAPY TRAINING INSTITUTE @ GEORGIA STATE UNIVERSITY
Space is limited. Please reserve your spot today!

Registration Form
Sandtray Therapy: Making Therapeutic Connections

Georgia State University Student Center Court Salon
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Name _____

Address _____

City _____ State _____ ZIP _____

Work Phone _____ Cell Phone _____

Email _____

Current License/Certifications _____

Registration Fees Professional \$90 _____

Student ** \$45 _____

Continuing Education Fees \$20 _____

Total Fees Included _____

Make check payable to: **Georgia State University**

Mail registration form and check to:

Play Therapy Training Institute
Georgia State University
P.O. Box 3980
Atlanta, GA 30302-3980

** To qualify for the student rate, please complete the Application for Student Discount Rate (following page) and include it with your registration.

Cancellation/Refund Policy

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Registration Notification Policy

Notification that your registration has been received and approved will be sent via email to the email address you provide above. Information about directions and parking will also be included.

Further Questions

Please contact Lauren Wynne at 404-413-8189 or playtherapy@gsu.edu

**Application for Student Discount Rate
Play Therapy Training Institute at Georgia State University**

Please complete the following application to be approved for a student rate for **Sandtray Therapy: Making Therapeutic Connections** (06/06/08). Please include this form with your registration and mail a check with the student rate. If your request for a student rate is denied, you will be notified via email.

The following must be completed and signed by your primary professor:

I certify that _____ has a bachelor's degree and is pursuing an advanced degree in a mental health related field of study during the current academic semester.

Field of Study:

Master's Degree Program in _____

Education Specialist Degree Program in _____

Doctoral Program in _____

Signature of Professor

Name of Professor (Printed)

Department

Institution

Date